



LIFE IN PROGRESS  
SINCE 1985

# ELIZABETH SETON CENTER Senior Center Newsletter



## December 2023



**BROOKLINE- MAIN CAMPUS**  
1900 PIONEER AVE  
PITTSBURGH, PA 15226

412.344.4777



**OVERBROOK SENIOR CENTER**  
2199 DARTMORE STREET  
PITTSBURGH, PA 15210

412.882.7135

**BLAKE NIERI**

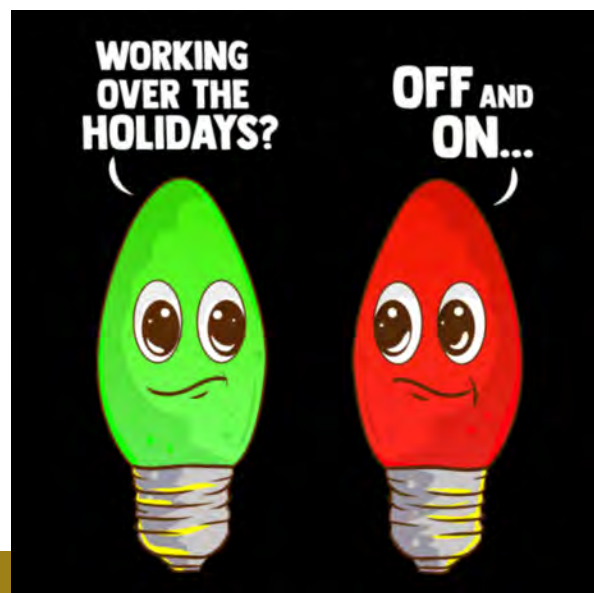
*Director of Senior Services*  
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**DEB SCHILLING**

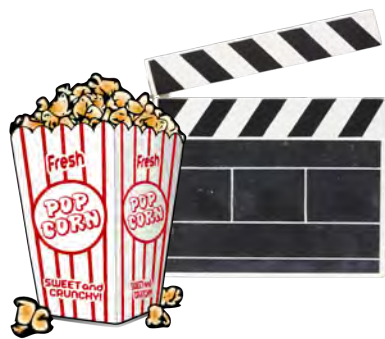
*I&R Specialist*  
DEB@SETONCENTER.COM

## A Note to our Seniors...

We'd like to extend our sincere thanks to everyone who supported our Designer Purse Bingo on November 18th, it was a great success! Additionally, we'd like to thank all of our volunteers who help run events, prepare meals, and do so many other things all year round! We are so appreciative of you! For the second year, our centers will be closed the week between Christmas and New Years in order to allow our staff to spend some quality time with their families. We look forward to seeing you in the new year!



**Please Note: Seton Center is CLOSED**  
from December 25th-January 1st. We will  
reopen on January 2nd, 2024!

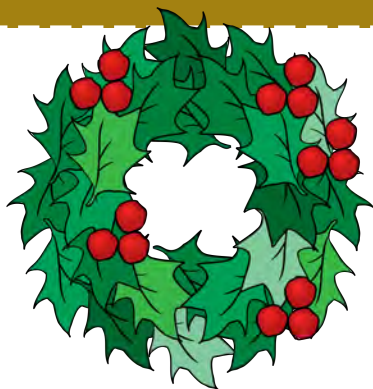


## MOVIE DAYS

We will provide the movie and the popcorn at no charge along with a refreshing drink; other snacks will be sold separately. Seats are limited to 24. Please call Seton Center at 412-344-4777 to make your reservation!

**DEC. 13TH, 12PM**

### CHRISTMAS VACATION



# CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

**5 December 2023, 12pm: Crafting with Betty Jo  
Brookline Main Campus  
Cost: \$5**



Join Betty Jo as she leads the group in making a beautiful snow globe-style ornament! Don't forget to make a reservation!

**12 December 2023, 10am: CCAC Arts & Crafts  
Cost: FREE  
Brookline Main Campus**

An instructor from CCAC will be on-site to facilitate some crafting. Craft TBA!

**20 December 2023, 12:30pm: CCAC Cooking w/ Chef Sam  
FREE  
Brookline Main Campus**

Chef Sam is back for another free cooking class! Class size is limited, so please call to reserve your spot!

**21 December 2023, 11am: Winter Doormat Craft  
Overbrook Senior Center  
Cost: \$10**

They're back! We will make some winter-themed door mats that can be used as a last-minute Christmas Gift, or decorate your doorstep all winter long! In order to ensure that we have enough supplies for everyone, please indicate on your sign-up which design you would like to make. Thanks!





## OVERBROOK BINGO

**Drop-In Bingo w/ Deb!**  
**Tuesdays @11AM**  
**Lunch break around noon**  
**(\$1.25 Suggested Lunch Donation)**

Looking for a more casual Bingo experience? Drop in to Overbrook on Tuesdays for some games, good conversation, and lunch!

**12 December 2023, 11am:**  
**Ugly Sweater Bingo Party!**  
**Overbrook Senior Center**  
**Cost: \$10**

You know what they say, "Beauty is in the eye of the beholder." Well it's time to dig through the (closet) archives to find that special sweater that makes you think, "What were they thinking?!" A special lunch will be served, along with basket raffles, Share the Wealth... and more! Doors will open at 10:30 am and games will begin at 11am!

The price includes a special lunch, first bingo cards, & door prize ticket.

We will play 10 regular games, 2 specials, and 1 jackpot!



## BROOKLINE BINGO

**NO RESERVATIONS REQUIRED!**

**Regular Bingos: Mondays & Fridays, 11AM**  
**Cost: \$5**

**Please note: December 22nd will be our Super Bingo Party! See the next page for more details!**

### Standard Payouts:

- 13 Regular Games - \$5.00 (cash or gift card)
- 2 Specials - \$10.00
- 1 Jackpot - \$40.00 + \$25.00 with Magic Number or Super Magic Number \$50.00



# SUPER BINGO PARTIES!

**22 December 2023, Doors @10AM, Play @11AM: Brookline Christmas Bingo Party,  
featuring... Elvis!  
Brookline Senior Hall  
Cost: \$15  
(Includes 1st Bingo Packet, Lunch, & 1 door prize ticket)**

It would be a 'Blue Christmas' without one last Super Bingo Party! In addition to the fun raffles and prizes, we will have a special performance by an Elvis impersonator! There will be a prepared meal. Don't wait to make your reservations- spots will fill up quickly!

Our Super Bingo Party gives our players a chance to win BIG BUCKS! We will pick 4 magic numbers and 1 super magic number for the cover all (each magic number receives one payout only)

Payouts:  
13 Regular Games pay \$10.00 + \$25.00 with Magic Number  
2 Specials Pay \$20.00  
1 Jackpot Pay \$80.00 + \$25.00 with Magic Number or Super Magic Number \$100.00

RESERVATIONS REQUIRED: Call 412.344.4777



## Pie Sale

Delivered Fresh on December 21st  
(Can pick up at the Super Bingo Party!)

Order Forms Available at Both Sites

Pies made by  
The Pie Shoppe in Ligonier, PA



Dance Exercise w/ Rebecca & Dionna  
Thursdays in December (12/7, 12/14, and 12/21)

11-11:45AM, Brookline Main Campus

Cost: \$5 for first class, \$3 for returning participants!

Get ready to break out your dance moves for this low impact exercise class, with a twist!



# GAMES, SPECIAL EVENTS & MORE!

**December 7th & 13th 2023: Game Days At Overbrook!**  
**Overbrook Senior Center**  
**10:30am**  
**Bring Quarters or Spare Change**



Game days at Overbrook are picking up in popularity! Join us as we play Left, Right, Center, and more!  
Lunch will be served at noon.  
For more information please call 412-882-7135.



**Pool Table at Overbrook is Open!**  
**Tuesdays, Wednesdays, and**  
**Thursdays from 10am-2pm**

**Pittsburgh Puppet Works**  
**Christmas Puppet Show!**  
**Seton Center Auditorium, December 20th, 2023 @ 10AM**  
**Fun for All Ages!**  
**\$3 per person**



It's Christmas Eve, and Santa & his reindeer are preparing for their festive flight to deliver toys. But wait! Rudy the red-nosed reindeer is way off Santa's radar! He's lost and it's getting closer and closer to "Go Time". Watch what happens when a bunch of well-meaning merry makers, send Rudy everywhere but the North Pole! Holiday tunes from around the world, jolly jokes, and mini-skits will keep everyone entertained, as Rudy travels the globe trying to find his way home. Will he get there in time for Christmas? Will Santa have to fly without him? Fasten your seatbelts for the most festive journey of the season!

## Just an Idea...

Do you have a card club, knitting group, book club, Mahjong group, etc and are looking for a place to entertain? Seton Center can offer you space and lunch to hold your club during daytime hours on Tuesday and Thursdays at no charge. If you are interested in booking a time and day please call Blake Nieri at 412-343-4777. Group must be 60 years of age or older.



## HEALTHY LIVING

**Silver Sneakers**  
**Mondays, 4pm-5pm**  
**Brookline Main Campus**  
**FREE**

Classes are held in the Senior Center conference room. Lynda Brimage, our SilverSneakers FLEX instructor, will be helping to grow, shape, and develop this valued fitness program. To reserve your spot please call Seton Center at 412-344-4777

**Fitness Center OPEN**  
**Monday-Friday from**  
**8am-5pm**  
**Brookline Main Campus**  
**FREE**  
**No Reservation Required!**



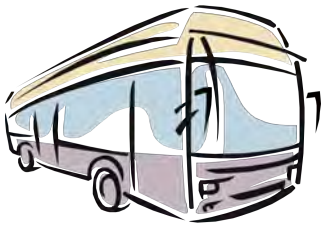
## Transportation Needs:

If you need assistance in signing up for Access or OPT (older person transportation) and would like to participate in the Seton Center activities please give Debra Schilling a call at:  
412-882-7135

Tues.-Thurs. 10AM-2pm  
OR

412-344-4777

Mondays & Fridays 8AM-5PM



Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.

# GROUP OUTINGS

## Titanic Exhibit: Carnegie Science Center Lunch at Burgatory

Wednesday December 6th, 2023

Depart Seton Center at 9:45am

Pay your own way for lunch at Burgatory  
Cost: \$15 (covers exhibit fee & transportation)

RESERVATION REQUIRED (Limited seating on vans):  
Call 412-344-4777



## FREE! Dinner & South Hills Holiday Chorus Show

Thursday December 14th, 2023

Dinner Served at the Brookline Center at 5:15pm.

Vans Will Depart At 6:15pm

Show Begins at 7pm

RESERVATION REQUIRED (Limited seating on vans):  
Call 412-344-4777



# December 2023 Menu



## December 4

Chicken Breast  
w/Gravy  
Carrot Coins  
Cauliflower Cheddar  
Bisque  
Bread Slice  
Fresh Fruit Salad

## December 11

Vegetable Lasagna  
Balsamic Glazed  
Broccoli  
Romaine Mandarin  
Salad  
Whole Wheat Bread  
Vanilla Greek Yoghurt

## December 18

Stuffed Pepper  
Mashed Potatoes  
Grilled Vegetables  
Whole Wheat Bread  
Apricots

## December 25



## December 5

Beef Stew  
Baby Carrots  
Mashed Potatoes  
Biscuit  
Vanilla Pudding

## December 12

Herb Baked Salmon  
Scalloped Potatoes  
Roasted Brussels  
Sprouts  
Whole Wheat Bread  
Chocolate Pudding

## December 19

Herbed Petite Beef  
Tenderloin w/Demi Glace  
Roasted Sunset Blend  
Strawberry &  
Red/Green Leaf Salad  
Orzo  
Gelatin

## December 26



## December 6

Ham & Swiss  
Sandwich  
Three Bean Salad  
Fresh Pineapple

## December 13

**HOLIDAY MEAL**  
Roast Turkey w/Gravy  
Mashed Potatoes  
Glazed Carrots  
Cranberry Sauce  
Whole Wheat Bread  
Apple Pie  
w/Whipped Topping

## December 20

Turkey & Cheddar  
Sandwich  
w/mayo/lettuce/tomato  
Three Bean Salad  
Fresh Apple

## December 27



## December 7

Italian Sausage  
w/Peppers  
Hot Dog Roll  
Sauteed Spinach  
Watermelon Salad  
Oatmeal Raisin Cookie

## December 14

BBQ Pulled Pork  
Sandwich  
Fire Roasted Sweet  
Potato  
Coleslaw  
Fresh Fruit Salad

## December 21

Pesto Chicken  
Roasted Broccoli  
Buttered Farfalle Pasta  
Banana  
Shortbread Cookie

## December 28

## December 1

Meatloaf w/Gravy  
Cheesy Mashed Potatoes  
Orange Herb Roasted  
Beets  
Whole Wheat Bread  
Gelatin

## December 8

Cod w/Lemon Pepper  
Tartar Sauce  
Brown Rice Pilaf  
Tomato Bisque Soup  
Fresh Honey Dew

## December 15

Asian-inspired Orange  
Chicken  
Broccoli  
Asian Cucumber Salad  
Vegetable Fried Rice  
Sugar Cookie

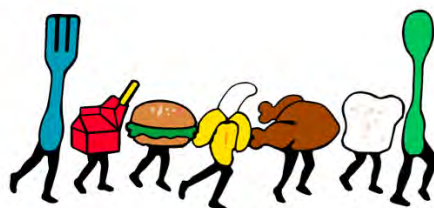
## December 22

Stuffed Cabbage  
Mashed Potatoes  
Zucchini Parmesan  
Soup  
Whole Wheat Bread  
Vanilla Greek Yoghurt

## December 29

**Seton Center  
CLOSED**

Looking for a good place to have lunch? Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all Seniors 60 and over. All lunches are to be consumed on site. Please call Seton Center @ 412-344-4777 if you are interested in receiving a lunch.



**THE LUNCH BUNCH**