



ELIZABETH SETON CENTER Senior Center Newsletter

LIFE IN PROGRESS
SINCE 1985



March 2024



BROOKLINE- MAIN CAMPUS
1900 PIONEER AVE
PITTSBURGH, PA 15226

412.344.4777



OVERBROOK SENIOR CENTER
2199 DARTMORE STREET
PITTSBURGH, PA 15210

412.882.7135

BLAKE NIERI

Director of Senior Services

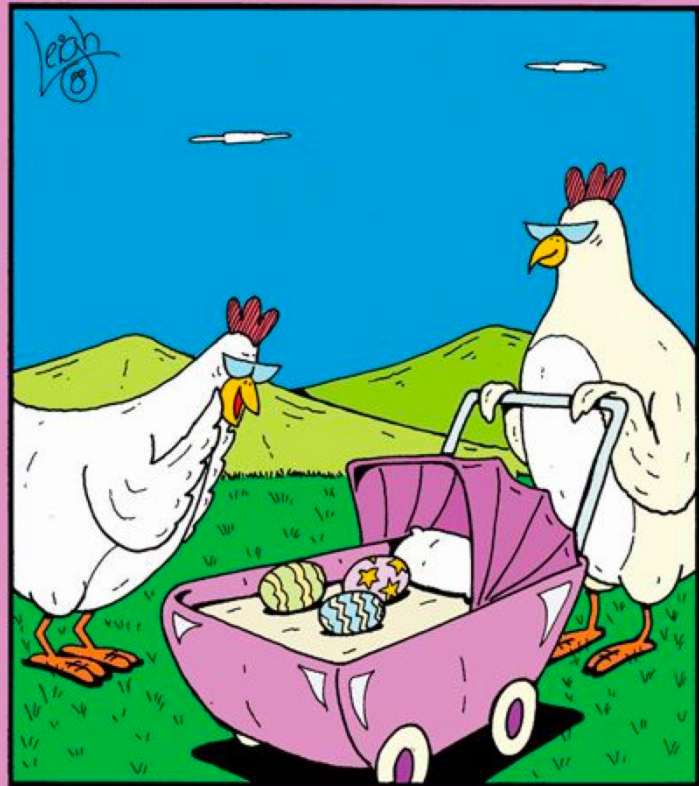
BLAKE@SETONCENTERPGH.ORG

DEB SCHILLING

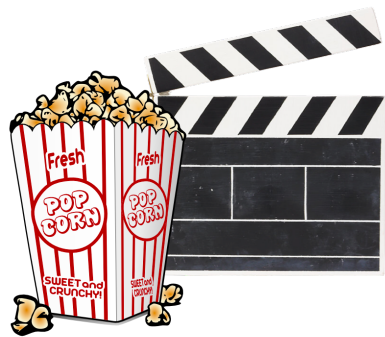
I&R Specialist

DEB@SETONCENTERPGH.ORG

"My goodness, Roberta, they're just
adorable ... And what precious
Easter outfits!"



Seton Center will be **CLOSED** on Friday, March 29th.



MOVIE DAYS

We will provide the movie and the popcorn at no charge along with a refreshing drink; other snacks will be sold separately. Seats are limited to 24. Please call Seton Center at 412-344-4777 to make your reservation!

MAR. 13TH, 12PM
OPPENHEIMER



MAR. 27TH, 12PM
KILLERS OF THE FLOWER MOON



CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

6 March 2024, 12pm: Crafting with Betty Jo
Brookline Main Campus
Cost: \$5

Join us as Betty Jo leads the group in painting a wooden hanging Easter decoration!

13 March 2024, 10am: CCAC Arts & Crafts
Overbrook Senior Center
Cost: FREE

19 March 2024, 10am: CCAC Mental Aerobics
Overbrook Senior Center
Cost: FREE

Get ready to "train your brain" with these fun puzzles, word problems, and more!

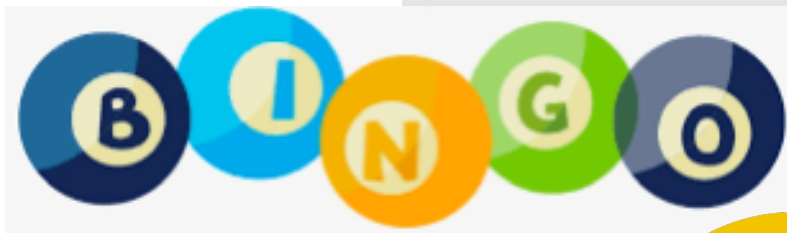
20 March 2024, 10am: Painting Made Fun
Brookline Main Campus
Cost: FREE

This class is designed for everyone, even if you think you can't paint. Painting has no level; everyone is an artist, just in different techniques. Supplies are provided, just bring an old smock or an old shirt to paint in.

26 March 2024, 9:30am: CCAC Arts & Crafts
Overbrook Senior Center
Cost: FREE

27 March 2024, 12:30pm: CCAC Healthy Cooking
Brookline Main Campus
Cost: FREE

Reservations are required due to limited kitchen space.



OVERBROOK BINGO

Drop-In Bingo w/ Deb!
Tuesdays @11AM
Lunch break around noon
(\$1.25 Suggested Lunch Donation)

Looking for a more casual Bingo experience? Drop in to Overbrook on Tuesdays for some games, good conversation, and lunch!

Hey Joe will be at Overbrook on Tuesday March 5th!
\$5 Bingo



19th March 2024, 11am:
Spring Fling Bingo Party!
Overbrook Senior Center
Cost: \$10

A special lunch will be served, along with basket raffles, Share the Wealth... and more! Doors will open at 10:30 am and games will begin at 11am! The price includes a special lunch, first bingo cards, & door prize ticket. We will play 10 regular games, 2 specials, and 1 jackpot!



BROOKLINE BINGO

NO RESERVATIONS REQUIRED!

Regular Bingos: Mondays & Fridays, 11AM
Cost: \$5

Please note: March 11th will be our Super Bingo Party! See the next page for more details!

On Friday, March 1st we will have a special musical performance from Hey Joe during lunchtime! Cost is included with Bingo

Admission.



Standard Payouts:

- 13 Regular Games - \$5.00 (cash or gift card)
- 2 Specials - \$10.00
- 1 Jackpot - \$40.00 + \$25.00 with Magic Number or Super Magic Number \$50.00



SUPER BINGO PARTY!

11 March 2024, Doors @10AM, Play @11AM: St. Patrick's Day Super Bingo
Brookline Senior Hall

Cost: \$15

(Includes 1st Bingo Packet, Lunch, & 1 door prize ticket)

The rainbow ends here, so don't miss your chance to take home that pot of gold! Don't forget to wear your green!

We'll have a special lunch, raffles, and more!

Our Super Bingo Party gives our players a chance to win BIG BUCKS! We will pick 4 magic numbers and 1 super magic number for the coverall (each magic number receives one payout only)

Payouts:

13 Regular Games pay \$10.00 + \$25.00 with Magic Number

2 Specials Pay \$20.00

1 Jackpot Pay \$80.00 + \$25.00 with Magic Number or Super Magic Number \$100.00

RESERVATIONS REQUIRED: Call 412.344.4777



T'ai Chi Classes

March 14th & 28th

11-11:45AM, Brookline Main Campus

Cost: \$5 for first class, \$3 for returning participants!



Dance Exercise Classes

March 7th & 21st

11-11:45AM, Brookline Main Campus

Cost: \$5 for first class, \$3 for returning participants!



GAMES, SPECIAL EVENTS & MORE!

March 14th & 27th 2024: Game Days At Overbrook!



Overbrook Senior Center

10:30am

Bring Quarters or Spare Change

Game days at Overbrook are picking up in popularity! Join us as we play Left, Right, Center, and more!

Lunch will be served at noon.

For more information please call 412-882-7135.



Pool Table at Overbrook is Open!
Tuesdays, Wednesdays, and
Thursdays from 10am-2pm



HEALTHY LIVING

Variety Exercise at
Overbrook

Wednesdays at 10AM

Mar. 6th, 13th, 20th, 27th

1st Class: \$5

Returning Sessions: \$3



CCAC Chair Aerobics at
Brookline

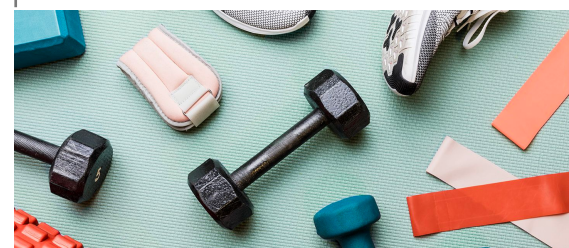
March 12th at 10:30am

Cost: FREE!



Fitness Center OPEN
Monday-Friday from
8am-5pm

Brookline Main Campus
FREE
No Reservation Required!



Elizabeth Seton Center Presents

CAREER & COMMUNITY RESOURCE FAIR

In Partnership With:

DRESS FOR SUCCESS
PITTSBURGH

BROOKLINE TOGETHER

Employment Readiness Support ● Job Openings ● Raffles
Food Trucks ● Community Connections & More!

**Saturday
23 March
11am-2pm**

**FREE
to attend!**

Seton Center
1900 Pioneer Ave
Pittsburgh, PA 15226

Dress for Success mobile services on site!

Questions? email:
kate@setoncenterpgh.org
or visit our facebook event page

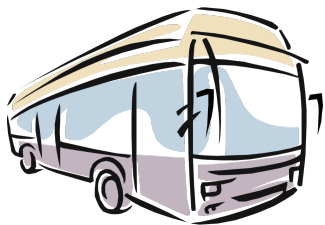
Transportation Needs:

If you need assistance in signing up for Access or OPT (older person transportation) and would like to participate in the Seton Center activities please give Debra Schilling a call at:
412-882-7135

Tues.-Thurs. 10AM-2pm
OR

412-344-4777

Mondays & Fridays 8AM-5PM



Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.

Now Collecting Plastic Bags & Plastic Film for Recycling!

Drop off bins are located at our Brookline Center. Help us with our recycling challenge to earn a new bench!



GROUP OUTINGS

Trip to Puttshack in the Strip District

Tuesday, March 26th

Depart from Brookline at 10:30am

Cost: \$10/person for putt-putt + cost of lunch

Get ready to beat the winter blues with some indoor mini golf at this fun new concept! Food and Drinks are served on-site, so you'll have plenty of time to play!

More info & menu on their website: puttshack.com



2024 Elizabeth Seton Center

ANNUAL GOLF TOURNAMENT

27 APRIL 2024 || GREENSBURG COUNTRY CLUB
1:30PM SHOTGUN START

LUNCH | DINNER | AWARDS | SILENT AUCTION | RAFFLES

REGISTER TODAY!

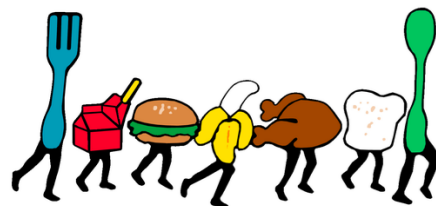


March 2024 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
				March 1 Spanikopita Egg White Casserole Breakfast Potatoes Peppers & Onions Biscuit Fresh Fruit Salad
March 4 Beef Stroganoff Cauliflower Peas Buttered Rotini Pound Cake w/Strawberries	March 5 BBQ Turkey Flatbread Potato Salad Fresh Cantaloupe	March 6 Meatloaf w/Gravy Mashed Potatoes Green Beans Bread w/Margarine Banana Bread	March 7 Chicken Cordon Bleu Carrots Butternut Squash Soup Bread w/Margarine Strawberry Banana Applesauce	March 8 Cheese Ravioli Alfredo Broccoli Side Salad w/Dressing Bread w/Margarine Vanilla Pudding
March 11 Pulled Pork Sandwich Coleslaw Chuckwagon Corn Fresh Cantaloupe	March 12 Chicken BLT Salad Salad Greens w/Dressing Bread w/Margarine Fresh Fruit Salad	March 13 REVISED Penne w/Meatballs & Marinara Sauce Broccoli Side Salad w/Dressing Jell-O	March 14 Orange Chicken Stir Fry Veggie Blend Vegetable Fried Rice Bread w/Margarine Diced Pineapple	March 15 REVISED Vegetable Lasagna Carrots Cauliflower Bread w/Margarine Green Yoghurt
March 18 Pub Steakburger Broccoli w/Ranch Dip Stuffed Pepper Soup Ketchup Chocolate Pudding	March 19 Ham Salad Sandwich Broccoli Slaw Fresh Grapes	March 20 REVISED Penne w/Alfredo Sauce Mediterranean Vegetable Blend Fresh Orange	March 21 Maple Glazed Pork w/Cider Gravy Sweet Potato Cubes Brussels Sprouts Bread w/Margarine Oatmeal Cookie	March 22 Cheese Ravioli w/Sauce Buttered Winter Vegetable Blend Bread w/Margarine Mandarin Oranges
March 25 Stuffed Pepper Steamed Broccoli Roasted Red Peppers Bread w/Margarine Pound Cake	March 26 Italian Sub Tossed Salad w/Dressing Fresh Apple	March 27 Broccoli & Cheese Stuffed Chicken Wax Beans Creamy Spinach Orzo Pasta Diced Mango Sugar Cookie	March 28 Petite Tenderloin Medallions Au Jus Mashed Potatoes Beets Bread w/Margarine Fresh Pear Chocolate Chip Cookie	March 29 Good Friday
				Seton Center CLOSED

Looking for a good place to have lunch? Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all Seniors 60 and over. All lunches are to be consumed on site. Please call Seton Center @ 412-344-4777 if you are interested in receiving a lunch.



THE LUNCH BUNCH