

Celebrating 40 Years



# ELIZABETH SETON CENTER Senior Center Newsletter

## February 2025



**BROOKLINE- MAIN CAMPUS**  
1900 PIONEER AVE  
PITTSBURGH, PA 15226  
412.344.4777



**OVERBROOK SENIOR CENTER**  
2199 DARTMORE STREET  
PITTSBURGH, PA 15210  
412.882.7135

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I&R Specialist*

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*Overbrook Site Coordinator*

[CHRISTINE@SETONCENTERPGH.ORG](mailto:CHRISTINE@SETONCENTERPGH.ORG)

### WE WANT TO HEAR FROM YOU!

We would love to get some feedback to learn more about what types of activities you'd like to see, and how your Senior Center experience can be better!

Email us: [deb@setoncenterpgh.org](mailto:deb@setoncenterpgh.org)

Call us: 412.344.4777



# CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777



**\*NEW\***

## LCR DAYS AT BROOKLINE!

Grab your quarters and  
join us for some exciting  
games of Left, Right,  
Center!

Looking for more fun &  
games? Want to start a  
BUNCO club? SkipBo?  
Phase 10?

Let us know and we'll try to  
make it happen!

Looking for a way to  
make someone smile?



Could you (or someone you  
know) benefit from homemade  
meal delivery?

Call Brookline Meals on  
Wheels!  
(412) 531-2925

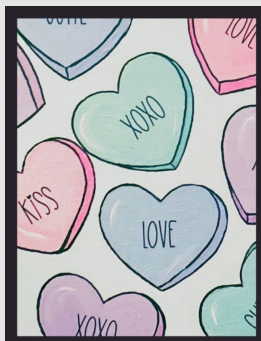
Two meals daily for only \$6!

Serving Brookline, Overbrook,  
Beechview, Dormont, and  
Baldwin Township!

**MONDAY DRIVER  
NEEDED!**

**5 February 2025, 12:30pm: Cooking with Chef Sam!**  
**Brookline Main Campus**  
**Cost: FREE**

**12 February 2025, 12pm: Valentine's Day Canvas Painting**  
**Brookline Main Campus**  
**Cost: FREE**



Made Possible by our friends at Celebration Villa  
of Lakemont Farms!

**12 February 2025, 12:30pm: CCAC  
Healthy Cooking w/ Chef Sam!**  
**Brookline Main Campus**  
**Cost: FREE**

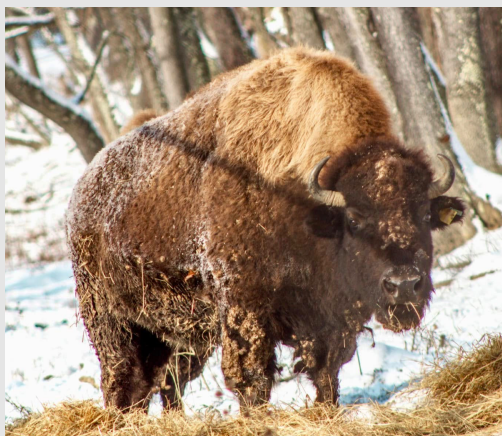
Join us for a fun day of painting at noon, followed by the cooking  
class at 12:30!

**12 February 2025, 10:00am: Crafting with Nancy!**  
**Overbrook Senior Center**  
**Cost: \$5**



Join member, Nancy Schaffer, as she leads  
the group in making a lovely Valentine's  
Day wreath!

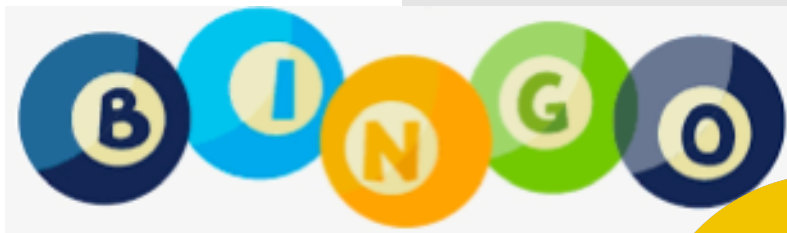
**20 February 2025, 12:30pm: Lunch & Learn About the  
South Park Buffalo Preserve!**  
**Brookline Main Campus**  
**Cost: FREE**



Have lunch with us (Chicken  
Avocado Salad & Stuffed  
Pepper Soup), and enjoy a  
presentation from the South  
Park Buffalo Preserve  
caretakers to learn more about  
the herd, history, and how they  
are cared for! All attendees will  
be entered into our monthly gift  
card raffle!

**22 February 2025, 1pm: Line Dancing w/ Linda Caputo!**  
**Brookline (Seton Center Gym)**  
**Cost: \$10**

\*All Ages Are Welcome!\*



## OVERBROOK BINGO

**Drop-In Bingo!**

**Tuesdays @11AM\*\***

**Lunch break around noon**

**(\$1.25 Suggested Lunch Donation)**

**Special Bingo Days at Overbrook  
this Month:**

**February 18, 2025- 11AM**

**Love in the Air Bingo Party w/  
special guests from Breathe PA!**

**Cost: \$10**

Doors will open at 10:30am, and games will begin at 11am. The price includes lunch, a set of bingo cards, and a door prize ticket! Additional bingo cards and raffles are available for purchase!



## BROOKLINE BINGO

**NO RESERVATIONS REQUIRED!**

**Regular Bingos: Mondays &  
Fridays, 11AM**

**Cost: \$5**

**Special Bingo Days:**

Beginning 2/10/25, Seton Center will offer a **FREE Tai Chi for Arthritis & Falls Prevention at 2:30pm (following bingo) for 16 weeks. We need at least 10 participants in order to make this possible. Please consider joining us! All participants will receive a raffle ticket at each attendance for a chance to win a prize!**

**February 21st: Breathe PA Visit**

**Standard Payouts: \*\*Can increase based on daily attendance!\*\***

**13 Regular Games - \$5.00 (cash or gift card)**

**2 Specials - \$10.00**

**1 Jackpot - \$40.00 + \$25.00 with Magic Number or Super Magic Number \$50.00**



# SUPER BINGO PARTY!

February 14, 2025- Doors @10AM, Play @11AM: Valentine's Day Bingo Party  
Brookline Senior Hall  
Cost: \$15  
(Includes 1st Bingo Packet, Lunch, & 1 door prize ticket)

Get ready to **fall head over heels** for fun at our **Valentine's Winners Bingo Party!** It's your chance to win **sweetheart-worthy prizes** and enjoy a day filled with **love, laughter, and lucky numbers.** Gather your friends, **share the love,** and let the bingo balls roll like Cupid's arrows! As a special treat, **Hey Joe** will serenade us with a **heartfelt performance over lunch!** 🎵💕

Don't let this event be **the one that got away**—mark your calendars and join us for a celebration full of bingo, music, and Valentine's Day fun!



Our Super Bingo Party gives our players a chance to win **BIG BUCKS!**

We will pick 4 magic numbers and 1 super magic number for the coverall  
(each magic number receives one payout only)

**Payouts:**

13 Regular Games pay \$10.00 + \$25.00 with Magic Number

2 Specials Pay \$20.00

1 Jackpot Pay \$80.00 + \$25.00 with Magic Number or Super Magic Number \$100.00

**RESERVATIONS REQUIRED: Call 412.344.4777**

*Calling All Bakers: We need your help!*

*We are putting together a cookie table for Seton Center's 40th Anniversary Ruby Gala on February 15th, 2025! If you are interested in baking/ donating cookies, please contact organizer, Debbie Rekasie at 412.561.8400 x200.*

*Thank you for your help!*



# GAMES, SPECIAL EVENTS & MORE!

February 13th & 27th, 2025: Game Days At Overbrook!

Overbrook Senior Center

10:30am

Bring Quarters or Spare Change

Join us as we play Left, Right, Center, and more! Lunch will be served at noon.

For more information please call 412-882-7135.



## HEALTHY LIVING

Variety &  
Therapeutic Chair  
Exercise at  
Overbrook

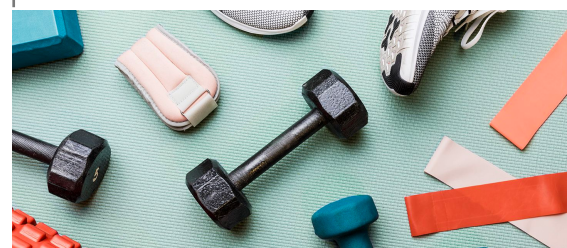
Wednesdays at 10AM

1st Monthly Class: \$5  
Returning Sessions: \$3



Seton Center's FREE  
Fitness Center at  
Brookline is open  
Monday-Friday from  
8am-5pm

No Reservation Required!



## ALLSTAR DRUMMING AT SETON CENTER CONTINUES!



*First & Third Fridays of the  
Month, 9 AM in the Seton  
Center Gym!*

*Upcoming Classes:  
2/7, 2/21, 3/7, 3/21, 4/4, & 4/18!*

*Drop-In Rate: \$8 per class*

**OR**

*4-class pass for \$20!*

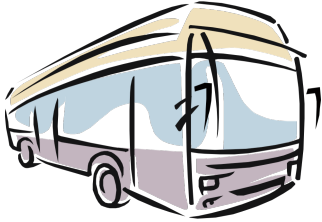
*If participation continues to  
increase, we'll be happy to  
schedule more frequent classes!*



*\*Silver  
Sneakers  
option may  
be available,  
based on  
insurance  
coverage.  
Talk to the  
instructor,  
Eric, for more  
details!*

## Transportation & Resources

If you need assistance with transportation or other senior resources, please call Deb Schilling at 412.344.4777. We will be happy to help however we can.



*Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.*

## Pittsburgh Opera Trip



### Madama Butterfly

Sunday, March 30th

Benedum Theater

Depart Brookline at Noon

\$10 Per Person + PYW Lunch at

The Eagle

\*limited tickets available- must prepay to reserve your spot!\*

# GROUP OUTINGS

Heinz History Center Private Tour & Lunch at Eat 'N Park!

Wednesday, February 26th

Depart from Brookline at 9:30 am

Cost: \$15 + Pay Your Way for Lunch

\*limited spots available- prepay to reserve your spot!\*



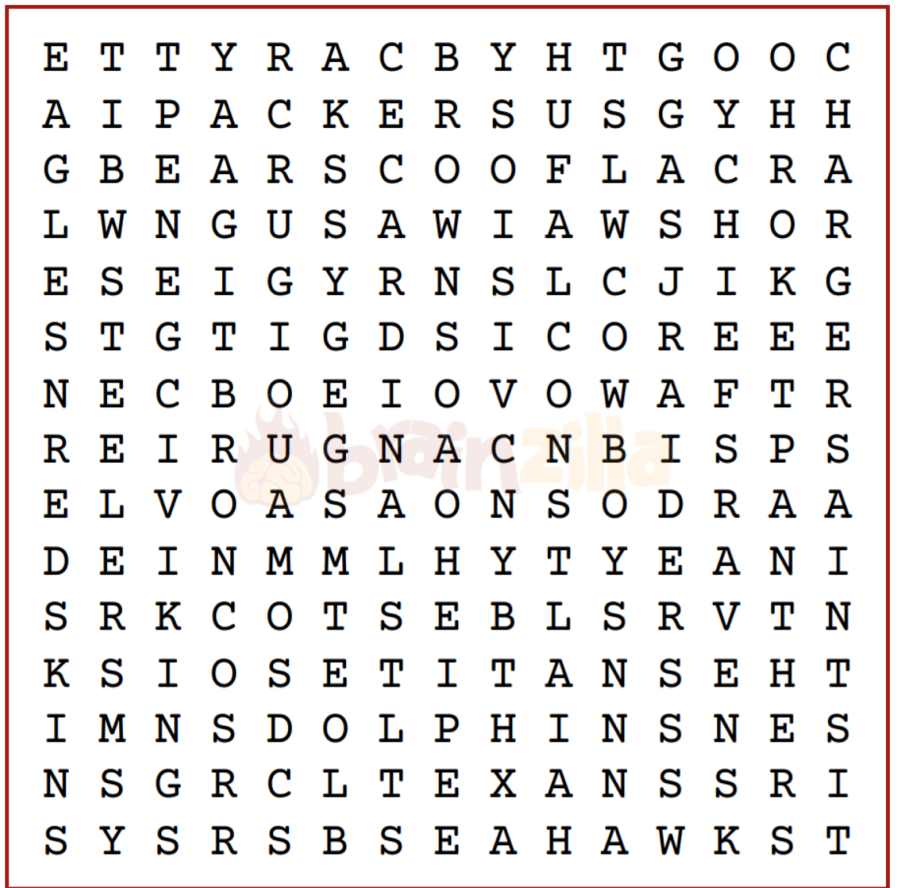
THE PLACE FOR SMILES™



### PUZZLE OF THE MONTH!

Bring in your completed word search for a chance to win an Eat' N Park Gift Card!

Find: BEARS, BILLS, BRONCOS, BROWNS, CARDINALS, CHARGERS, CHIEFS, COLTS, COWBOYS, DOLPHINS, EAGLES, FALCONS, GIANTS, JETS, LIONS, PACKERS, PANTHERS, RAIDERS, RAMS, RAVENS, REDSKINS, SAINTS, SEAHAWKS, STEELERS, TEXANS, TITANS, VIKINGS



# February 2025 Menu

February 3	February 4	February 5	February 6	February 7
<b>Maple Glazed Pork w/Cider Gravy</b> Roasted Sweet Potatoes Balsamic Glazed Brussels Sprouts Bread w/Margarine Banana Pudding Graham crackers	<b>Pub Steak Cheeseburger</b> Broccoli w/Ranch dip Tomato Soup Fresh Orange	<b>Ham &amp; Cheese Frittata</b> Greek Tossed Salad Roasted Red Potato Wedges Bread Greek Yogurt w/Berries	<b>Orchard Salad with Chicken</b> Salad w/Dressing Garlic Knot w/Margarine Greek Yogurt w/Berries	<b>Macaroni &amp; Cheese</b> Strawberry Spinach Salad w/Dressing Garlic Green Beans Fig Newton cookie
February 10	February 11	February 12	February 13	February 14
<b>Stuffed Pepper Broccoli</b> Mashed Potatoes Bread w/Margarine Pound Cake w/Peaches	<b>Broccoli &amp; Cheese Stuffed Chicken</b> Green Beans & Tomatoes Creamy Spinach Orzo Pasta Fresh Fruit Salad	<b>Petite Beef Tenderloin Medallions</b> Dilled Carrots Mashed Potatoes Bread w/Margarine Fresh Pear	<b>Italian Hoagie</b> Tossed Salad w/Dressing Fresh Apple	<b>Mojo Marinated Cod Filet</b> Coleslaw Corn & Sweet Potato Soup Cilantro Lime Brown Rice Fresh Orange
February 17	February 18	February 19	February 20	February 21
<b>Firehouse Chili</b> Broccoli Brown Rice Bread w/Margarine Fresh Cantaloupe	<b>Chicken w/Gravy</b> Broccoli & Cauliflower Roasted Potato Wedges Bread w/Margarine Apple Lorna Doone cookie	<b>Stuffed Cabbage Roll</b> Mashed Potatoes Green Beans Bread w/Margarine Greek Yoghurt w/Berries	<b>Chicken Avocado Salad</b> Salad w/Dressing Stuffed Pepper Soup Bread w/Margarine Fresh Fruit Salad	<b>Spanish Omelette</b> Diced Potatoes Peppers & Onions Croissant w/Margarine Fresh Fruit Salad
February 24	February 25	February 26	February 27	February 27
<b>Meatloaf w/Gravy</b> Mashed Potatoes Carrots Bread w/Margarine Banana Bread	<b>Chicken Cordon Bleu</b> Green Beans Vegetable Soup Bread w/Margarine Strawberry Banana Applesauce	<b>Beef Stroganoff</b> Tossed Salad w/Dressing Peas Rotini Pound Cake w/Berries	<b>BBQ Turkey Flatbread</b> Potato Salad Flatbread Fresh Cantaloupe	<b>Sweet and Sour Salmon</b> Asian Vegetables Brown Rice Bread w/Margarine Tropical Fruit

Looking for a good place to have lunch? Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all Seniors 60 and over. All lunches are to be consumed on site. Please call Seton Center @ 412-344-4777 if you are interested in receiving a lunch.

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**Seton Center Dine & Donate: Thursday 2/6/25**

**BJ's Brewhouse- South Hills Village**

**11:30am - 8:30pm**

Show this code at the restaurant and 20% of sales will be donated to Seton Center!



FEB679

Elizabeth Seton Center, Inc.  
1900 Pioneer Ave  
Pittsburgh, PA 15226

**NON-PROFIT ORG.**  
**US POSTAGE**  
**PAID**  
**PITTSBURGH PA**  
**PERMIT NO 1524**

**ADDRESS SERVICE REQUESTED**

