

*Celebrating 40 Years*



# ELIZABETH SETON CENTER Senior Center Newsletter

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# January 2025



**BROOKLINE- MAIN CAMPUS**  
1900 PIONEER AVE  
PITTSBURGH, PA 15226  
412.344.4777



**OVERBROOK SENIOR CENTER**  
2199 DARTMORE STREET  
PITTSBURGH, PA 15210  
412.882.7135

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**DEB SCHILLING**

*Acting Director of Senior Services  
I&R Specialist*

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**SHERRI BROZELL**

*Brookline Site Coordinator*

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**CHRISTINE KALOGERIS**

*Overbrook Site Coordinator*

[CHRISTINE@SETONCENTERPGH.ORG](mailto:CHRISTINE@SETONCENTERPGH.ORG)

Happy New Year! We are thrilled to kick off a very exciting year of celebration for Elizabeth Seton Center, our 40th Anniversary! There will be several celebrations throughout the year, and we hope that you will join us!

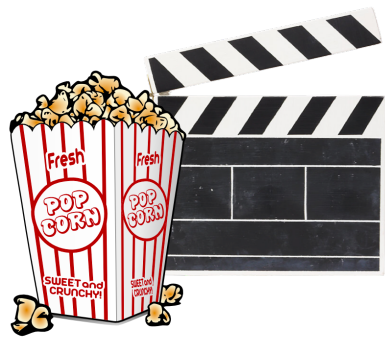
We are looking forward to offering some great new fitness options, including Cardio Drumming! This upbeat class can be done seated or standing, with no experience needed! With great music and a fun atmosphere, this is sure to be a great time!

In other exciting news, we would like to officially introduce and welcome Christine Kalogeris as the new Overbrook Site Coordinator! Be sure to stop in and introduce yourself!

**Meet Christine:**

I have been living in the Pittsburgh area my entire life, and have resided in Brookline for the past 25 years. I have two grown children, who are both married. My contribution at Overbrook Senior Center (OSC) as Site Manager is one of passion for serving the beautiful people who frequent the center with humility and kindness. I look forward to the years ahead, and feel blessed to be at OSC!

*"The Purpose of Life is to contribute in some way to making things better." -JFK*



## MOVIE DAYS

We will provide the movie and the popcorn at no charge along with a refreshing drink; other snacks will be sold separately. Seats are limited to 24. Please call Seton Center at 412-344-4777 to make your reservation!

**JAN. 8TH, 12PM**  
**POMS**



THIS COMEDY FT. DIANE KEATON FOLLOWS A GROUP OF WOMEN FROM A RETIREMENT COMMUNITY WHO DECIDE TO START A CHEERLEADING SQUAD.

**JAN. 22ND, 12PM**  
**KNIVES OUT**



KNIVES OUT IS A SHARP AND WITTY WHODUNIT WHERE DETECTIVE BENOIT BLANC UNTANGLES A WEB OF SECRETS AND LIES WITHIN A DYSFUNCTIONAL FAMILY AFTER THE SUSPICIOUS DEATH OF THEIR PATRIARCH.

# CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

**15 January 2025, 12:00pm: Crafting with Celebration**  
**Villa**  
**Brookline Main Campus**  
**Cost: FREE**

**16 January 2025, 10:30am: Crafting with Nancy!**  
**Wine Cork Snowman**  
**Overbrook Senior Center**  
**Cost: \$10**



Special thanks to member, Nancy Schafer, for volunteering to lead this activity!

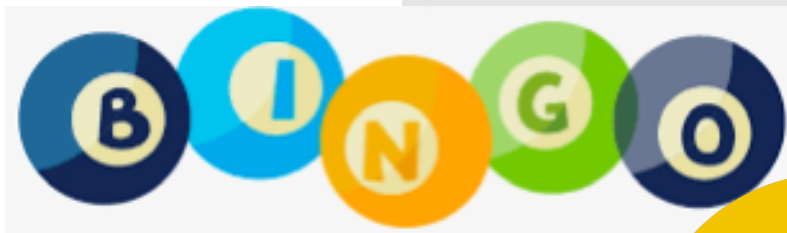
*Line Dancing with Linda*



**BEGINNER LINE**  
**DANCE CLASS**  
**SATURDAY, JANUARY**  
**18TH: 1-2:30 PM**  
**\$10 CASH AT THE DOOR**  
**SETON CENTER**

1900 PIONEER AVENUE, PITTSBURGH, PA 15226  
CELL: 724-263-4369 EMAIL: CAPUTOLINDA@VAHOO.COM

**\*ALL AGES WELCOME!\***



## OVERBROOK BINGO

**Drop-In Bingo!**  
**Tuesdays @11AM\*\***  
**Lunch break around noon**  
**(\$1.25 Suggested Lunch Donation)**

**Special Bingo Days at Overbrook  
this Month:**

**January 21, 2025- 11AM**  
**New Year Bingo Party with Hey  
Joe!**  
**Cost: \$10**

Doors will open at 10:30am, and games will begin at 11am. The price includes lunch, a set of bingo cards, and a door prize ticket! Additional bingo cards and raffles are available for purchase!



## BROOKLINE BINGO

**NO RESERVATIONS REQUIRED!**

**Regular Bingos: Mondays &  
Fridays, 11AM**  
**Cost: \$5**

**Special Bingo Days:**

**January 3rd-**  
**\*Preview\* Thai Chi for Arthritis  
and Fall Prevention**  
**(After Bingo)**

**Standard Payouts:**

**13 Regular Games - \$5.00 (cash or gift card)**  
**2 Specials - \$10.00**  
**1 Jackpot - \$40.00 + \$25.00 with Magic Number or Super Magic Number \$50.00**





# SUPER BINGO PARTY!

**January 17, 2025- Doors @10AM, Play @11AM: Winter Winners Bingo Party  
 Brookline Senior Hall  
 Cost: \$15  
 (Includes 1st Bingo Packet, Lunch, & 1 door prize ticket)**

Let the snowflakes fall and the fun begin at our Winter Winners Bingo Party! It's your chance to "sleigh" the competition and win some "ice-tastic" prizes. Cozy up with friends, enjoy "frosty" fun, and let the bingo balls roll like a winter storm. We'll have a special performance from Alabaster Performing Arts over lunch! Don't "freeze" up—mark your calendars and join us for a "flurry" of excitement!

Our Super Bingo Party gives our players a chance to win BIG BUCKS!  
 We will pick 4 magic numbers and 1 super magic number for the coverall  
 (each magic number receives one payout only)



Payouts:  
 13 Regular Games pay \$10.00 + \$25.00 with Magic Number  
 2 Specials Pay \$20.00  
 1 Jackpot Pay \$80.00 + \$25.00 with Magic Number or Super Magic Number \$100.00

RESERVATIONS REQUIRED: Call 412.344.4777

**February 2025 Calendar Lottery Tickets are on sale now!**

**\$10 per ticket - Chance to win each day of February!**

Daily Cash Prizes are based on the PA Daily Lottery 7pm PICK 3

No 000

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Seller: \_\_\_\_\_

### LUCKY IN LOVE LOTTO - February 2025

Donation \$10 • Proceeds Benefit Elizabeth Seton Center

Winning number is the Pick 3 number drawn at 7:00 PM from the PA Daily Lottery

A check for each prize will be mailed to each winner within 10 days of the winning date.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						\$100
\$100	\$100	\$100	\$100	\$100	\$100	\$500
\$100	\$100	\$100	\$100	\$100	\$500	\$100
\$100	\$100	\$100	\$100	\$100	\$100	\$100
\$100	\$100	\$100	\$100	\$100	\$500	

All cash winners will be determined by the amount of money indicated on each day of the calendar. Void after 30 days. Not responsible for typographical errors. All unsold tickets become property of Elizabeth Seton Center. Tickets are available by calling 412-561-5400 x240 or contacting Shalee at [shalee@setoncenterpgh.org](mailto:shalee@setoncenterpgh.org). All tickets and money must be returned by January 31, 2025.

Seton Center will be celebrating 40 years in 2025!  
 Join us at the Ruby Gala at Pittsburgh Live! Casino in Greensburg on Saturday, February 15th.  
<https://tinyurl.com/SetonRubyGala>

No 000



# GAMES, SPECIAL EVENTS & MORE!

January 9th & 23rd, 2025: Game Days At Overbrook!

Overbrook Senior Center

10:30am

Bring Quarters or Spare Change

Join us as we play Left, Right, Center, and more! Lunch will be served at noon.

For more information please call 412-882-7135.



## Exciting New Exercise Offering- Cardio Drumming!

January 10th & 24th

9:00am

**\*Intro Special\* Two Classes for the price of one!**

Allstar Therapies presents



 Music!  Exercise!  Dance!

 Cardio!  Movement!

January 10th & 24th

9:00 A.M.

Seton Center-Brookline

1900 Pioneer Ave, Pittsburgh 15226

\$ 10 for both classes



CHECK OUT  
OUR PAGE ON  
FACEBOOK

Allstar  
Therapies

www.AllstarTherapies.com

(724) 327-3553



## HEALTHY LIVING

### Variety & Therapeutic Chair Exercise at Overbrook

Wednesdays at 10AM

1st Monthly Class: \$5  
Returning Sessions: \$3



Fitness Center OPEN

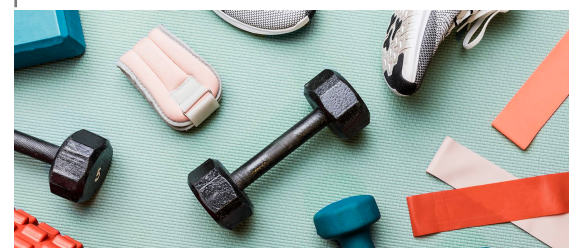
Monday-Friday from

8am-5pm

Brookline Main Campus

FREE

No Reservation Required!



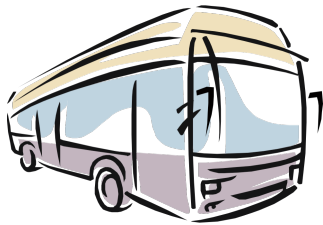
## Transportation Needs:

If you need assistance in signing up for Access or OPT (older person transportation) and would like to participate in the Seton Center activities please give Debra Schilling a call at:  
412-882-7135

Tues.-Thurs. 10AM-2pm  
OR

412-344-4777

Mondays & Fridays 8AM-5PM



Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.

## Do You Have A Seton Center Story That You Would Like To Share?

Seton Center is looking for stories and testimonials to share in honor of the 40th Anniversary! If you'd like to share, please email:  
kate@setoncenterpgh.org  
or call  
412.561.8400 ext 245

# GROUP OUTINGS



**Doors open at 5pm, Bingo starts at 7pm**

**Entry Fee: \$40 | FREE Van Transportation\***

**We will have dinner at the casino (pay your own way)**

**All Proceeds Benefit Elizabeth Seton Center!**

**\*Van will leave Brookline at 4pm on 1/6/25**

*Overnight Trip to:*

*Seton Center Ruby Gala  
The Venue at Live! Casino  
Greensburg, PA  
2/15/25- 2/16/25*

*Join us for a sparkling celebration to honor the women whose vision and dedication laid the foundation for our organization. Following a short program hosted by WTAE's Mike Clark, get ready to hit the dance floor and celebrate in style as we dance the night away!*

*Gala and Round Trip Transportation Cost: \$130*

*Room Rates:*

*Two Queen: \$139 + tax*

*King: \$144 + tax*

*Includes: Transportation from Brookline (2pm departure)  
Ongoing Shuttle Service between Casino & Hotel  
Plated Dinner, Drink Ticket, Dessert, Free Play Voucher,  
Complimentary Hot Breakfast at Hotel.*

*\*Optional: Sunday Mass with the Sisters of Charity at Caritas Christi\**

**MUST BOOK BY JANUARY 16th FOR DISCOUNTED ROOM RATE  
Questions? Call Kate at 412.561.8400 x245**



# January 2025 Menu

January 1	January 2	January 3		
<b>Petite Tenderloin Medallions</b> (New Year's Day All Centers Closed) Fresh Pear	<b>Orchard Salad w/Chicken</b> (lettuce/cheese/apples/craisins) Garlic Knot Greek Yogurt w/Berries	<b>Mojo Marinated Cod Fillet</b> Coleslaw Cilantro Lime Brown Rice Corn/Sweet Potato Soup Fresh Orange		
January 6	January 7	January 8	January 9	January 10
<b>Firehouse Chili</b> Broccoli Brown Rice Bread Fresh Cantaloupe	<b>Chicken w/Gravy</b> Broccoli & Cauliflower Roasted Potato Wedge Bread Apple Lorna Doone	<b>Stuffed Cabbage Roll</b> Mashed Potatoes Green Beans Bread Greek Yogurt w/Berries	<b>Deli Plate</b> (chicken salad/egg salad/lettuce/cucumbers/tomatoes) French Onion Soup Fresh Orange Berry Vanilla Cookies	<b>Sausage &amp; Peppers</b> Diced Potatoes Peppers & Onions Hoagie Roll Fresh Fruit Salad
January 13	January 14	January 15	January 16	January 17
<b>Meatloaf w/Gravy</b> Mashed Potatoes Carrots Bread Banana Bread	<b>Chicken Cordon Bleu</b> Green Beans Vegetable Soup Bread Strawberry Banana Applesauce	<b>Beef Stroganoff</b> Side Salad w/dressing Peas Rotini Pound Cake w/Berries	<b>BBQ Turkey Flatbread</b> Potato Salad Flatbread Fresh Cantaloupe	<b>Sweet &amp; Sour Salmon</b> Asian Vegetables Brown Rice Bread Tropical Fruit
January 20	January 21	January 22	January 23	January 24
<b>French Onion Chopped Steak</b> Mashed Potatoes Asparagus/Red Peppers Bread Mini Choc Chip Cookies	<b>Raspberry BBQ Chicken</b> Succotash Roasted Sweet Potatoes Sandwich Roll Fresh Cantaloupe	<b>Swiss Steak</b> Broccoli Mashed Potatoes Bread Fresh Pear	<b>Chicken Avocado Salad</b> Stuffed Pepper Soup Bread Fresh Fruit Salad	<b>Teriyaki Meatballs</b> Sesame Green Beans Veggie Fried Rice Mandarin Oranges Chocolate Pudding
January 27	January 28	January 29	January 30	January 31
<b>Penne &amp; Meatballs</b> Broccoli Side Salad w/Dressing Jello	<b>Orange Chicken</b> Stir Fry Veggie Blend Veggie Fried Rice Bread Diced Pineapple	<b>Pulled Pork Sandwich</b> Coleslaw Chuckwagon Corn Sandwich Roll Fresh Cantaloupe	<b>Chicken BLT Salad</b> Zucchini Parmesan Soup Bread Fresh Fruit Salad Oreo cookies	<b>Vegetable Lasagna</b> Carrots Side Salad w/Dressing Garlic Knot Fresh Orange

Looking for a good place to have lunch? Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all Seniors 60 and over. All lunches are to be consumed on site. Please call Seton Center @ 412-344-4777 if you are interested in receiving a lunch.



## Dine-to-donate Fundraiser

20% of receipts benefit  
**ELIZABETH SETON CENTER INC**

Thursday, January 16th  
 11:00 am to 11:00 pm

1539 Washington Road  
 Mt. Lebanon, PA 15228

Join us!

Thursday 1/16/25

Primanti Bros.  
 Mt. Lebanon  
 11am-11pm