



ELIZABETH SETON CENTER Senior Center Newsletter

March 2025



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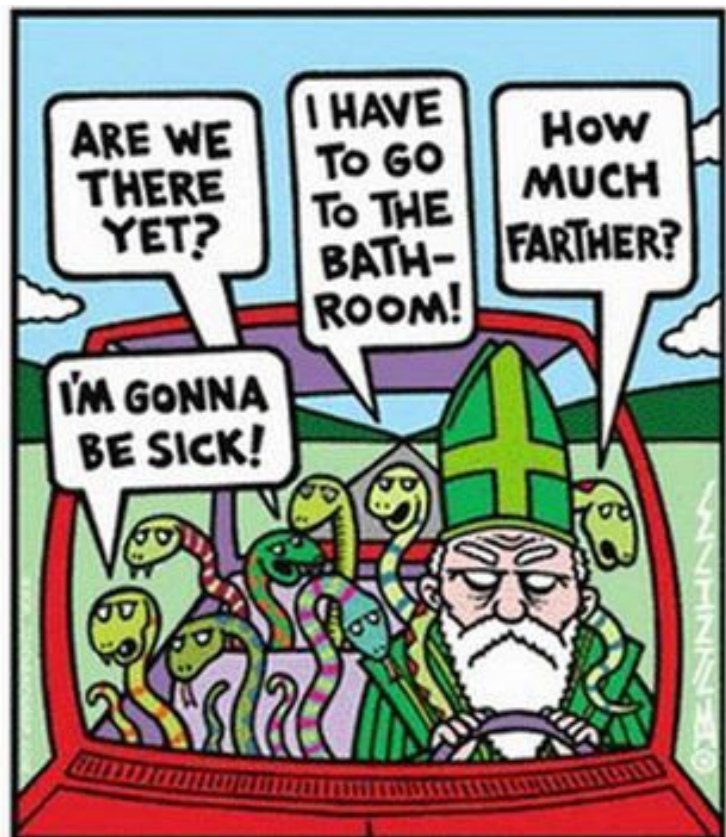
Overbrook Site Coordinator

CHRISTINE@SETONCENTERPGH.ORG

We're so lucky to have you!

To all those who attended, donated, baked cookies, or volunteered at Seton Center's Ruby Gala, we are so grateful! It was a wonderful evening, and we look forward to a summer celebration in Brookline- more information to come!

Thank you for your help!



St. Patrick driving the snakes out of Ireland.

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CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777



NEW

LCR DAYS AT BROOKLINE!

Grab your quarters and
join us for some exciting
games of Left, Right,
Center!

Wednesdays
March 5th

& March 19th @10AM

Looking for more fun &
games? Want to start a
BUNCO club? SkipBo?
Phase10?

Let us know and we'll try to
make it happen!



Tai Chi for Arthritis
Dr Paul Lam | A Tai Chi for Health Program

Tai Chi for Arthritis & Fall
Prevention Continues on
Mondays in March!

Mondays at 2:30PM

Classes are **FREE!**

**4 March 2025, 11am: CCAC Arts & Crafts
Brookline Main Campus**

Cost: FREE

Stick around afterward for our Mardi Gras Pancake Social!

**4 March 2025, 1:30pm: Pancake Social!
Brookline Main Campus**

Cost: \$3

Join us for a fun day of crafts at 11 am, and stay for lunch and
pancakes! Options: plain, blueberry, or chocolate chip!

**5 March 2025, 12:30pm: Cooking with Chef Brandon!
Brookline Main Campus**

Cost: \$5

**15 March 2025, 1pm-2:30pm: Line Dancing with Linda!
(Open to all ages!)**

**Brookline Seton Gymnasium
Cost: \$10 at the door**

Join us in Seton Center's Gym on
this monthly Saturday class for
beginner line dancing! Linda takes
things step by step, and you're sure
to have a great time!



**19 March 2025, 12:30pm: CCAC Healthy Cooking
w/ Chef Sam**

**Brookline Main Campus
Cost: FREE**



**20 March 2025, 12pm: Crafting with
Nancy!**

**Faux Sea Glass Candlesticks
Overbrook Senior Center
Cost: \$5**

Join member, Nancy Schaffer, as she leads the
group in making sea glass-style candlesticks!



OVERBROOK BINGO

Drop-In Bingo!
Tuesdays @11AM
Lunch break around noon
(\$1.25 Suggested Lunch Donation)

Special Bingo Days at Overbrook this Month:

*3/18: Presentation from St. Norbert's
Personal Care*
3/25: Health & Wellness Presentation

March 11, 2025- 11 AM
**St. Patrick's Day Bingo w/ special
guest Zac Starr!**
Cost: \$10

Wear your green and hope to win some green!
Doors will open at 10:30am, and games will
begin at 11am. The price includes lunch, a set
of bingo cards, and a door prize ticket!
Additional bingo cards and raffles are available
for purchase!



BROOKLINE BINGO

NO RESERVATIONS REQUIRED!

**Regular Bingos: Mondays &
Fridays, 11AM**
Cost: \$5

Special Bingo Days:

March 3rd: Homewell Care Services

March 7th: St. Norbert's Personal Care

March 14th: Health & Wellness Talk

**March 28th: Bethany Hospice on Advanced
Directives**

***Don't forget about
Tai Chi for Arthritis & Fall Prevention on
Mondays at 2:30PM**

Standard Payouts: **Can increase based
on daily attendance!**

13 Regular Games - \$5.00 (cash or gift
card)
2 Specials - \$10.00
1 Jackpot - \$40.00 + \$25.00 with Magic
Number or Super Magic Number \$50.00



SUPER BINGO PARTY!

March 21, 2025- Doors @10AM, Play @11AM: Spring Fling Super Bingo w/ Performance by Pat Heiserman!
Brookline Senior Hall
Cost: \$15

(Includes 1st Bingo Packet, Lunch, & 1 door prize ticket)

Shake off the winter blues and get ready for a day of fun, music, and big wins at our **Spring Fling Super Bingo!** Join us for an exciting bingo bash where you'll have the chance to win fantastic prizes and soak in the joy of the season.

As a special treat, talented singer/songwriter **Pat Heiserman** will set the mood with a live performance during lunch, making this event even more unforgettable! 🌻🎤 Gather your friends, embrace the springtime vibes, and let the bingo balls roll! **Don't miss out—mark your calendars and join us for a celebration filled with laughter, music, and lucky numbers!** 🎉🎊



Our Super Bingo Party gives our players a chance to win **BIG BUCKS!**

We will pick 4 magic numbers and 1 super magic number for the coverall
(each magic number receives one payout only)

Payouts:

13 Regular Games pay \$10.00 + \$50.00 with Magic Number
2 Specials Pay \$20.00

1 Jackpot Pay \$80.00 + \$50.00 with Magic Number or Super Magic Number \$100.00

RESERVATIONS REQUIRED: Call 412.344.4777

Did You Know?

*You can view this newsletter online at
setoncenterpgh.org/newsletters*



GAMES, SPECIAL EVENTS & MORE!

March 13th & 27th, 2025: Game Days At Overbrook!

Overbrook Senior Center at 10:30am
Bring Quarters or Spare Change

Join us as we play Left, Right, Center, and
more! Lunch will be served at noon.
For more information please call
412-882-7135.



HEALTHY LIVING

Variety &
Therapeutic Chair
Exercise at
Overbrook

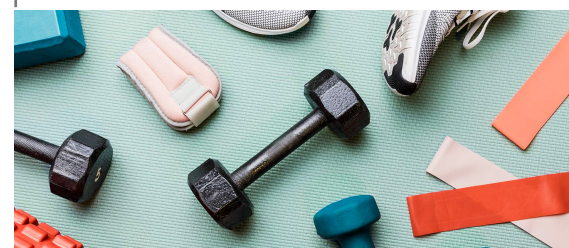
Wednesdays at 10AM

1st Monthly Class: \$5
Returning Sessions: \$3



Seton Center's FREE
Fitness Center at
Brookline is open
Monday-Friday from
8am-5pm

No Reservation Required!



ALLSTAR DRUMMING AT SETON CENTER CONTINUES!



*First & Third Fridays of the
Month, 9 AM in the Seton
Center Gym!*

*Upcoming Classes:
3/7, 3/21, 4/4, 4/18, 5/2 & 5/16!*

Drop-In Rate: \$8 per class

OR

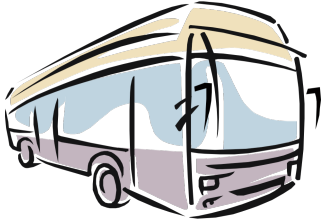
4-class pass for \$20!

*If participation continues to
increase, we'll be happy to
schedule more frequent classes!*

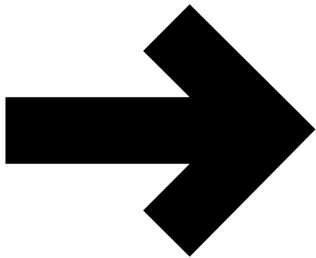


Transportation & Resources

If you need assistance with transportation or other senior resources, please call Deb Schilling at 412.344.4777. We will be happy to help however we can.



Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.



PUZZLE OF THE MONTH!

Take a chance at this month's puzzle: A St. Patrick's Day Word Scramble! Turn in your completed puzzle for a chance to win an Eat'N Park Gift Card!

Congratulations to last month's winner:

Carol Wagner!

GROUP OUTINGS

Brunch at Waffles INCaffeinated & Maple Syrup Making at Latodami Nature Center!

Wednesday, March 12th

Depart from Brookline at 9:45 am

Cost: \$8 + Pay Your Way for Brunch



Learn the history of maple syrup making in Pennsylvania before heading outside to discover how to identify and tap maple trees then collect and boil down the sap to make table-ready syrup using homestyle methods.

1 ATH

2 BNRWIAO

3 YLCUK

4 IOCNS

5 DOGL

6 ARILDNE

1. _ _ _ / 7

2. _ _ / 12 3. _ / 3 5. _ _ _ / _ _ _

3. _ _ _ / 13

4. _ _ _ / 6 8 2 _

5. _ _ / 9 4

6. _ _ _ / 1 11 10

Where can you always find gold?

1 2 3 4 5 6 7 8 9 10 11 12 13 !

March 2025 Menu

March 3	March 4	March 5	March 6	March 7
French Onion Chopped Steak Mashed Potatoes Asparagus/Red Peppers Bread Mini Choc Chip Cookies	Raspberry BBQ Chicken Succotash Roasted Sweet Potatoes Sandwich Roll Fresh Cantaloupe	Deli Plate Tuna Salad & Egg Salad Lettuce, Cukes & Tomatoes French Onion Soup Bread Fresh Orange Berry Vanilla Cookies	Swiss Steak Broccoli Mashed Potatoes Bread Fresh Pear	Stuffed Shells Green Beans Italian Seasoned Carrots Mandarin Oranges Chocolate Pudding
March 10	March 11	March 12	March 13	March 14
Penne & Meatballs Broccoli Tossed Salad w/Dressing Jello	Garlic Dijon Chicken Whipped Sweet Potatoes Spinach Bread Diced Pineapple	Pulled Pork Sandwich w/BBQ sauce Coleslaw Chuckwagon Corn Sandwich Roll Fresh Cantaloupe	Chicken BLT Salad Zucchini Parmesan Soup Bread Fresh Fruit Salad Oreo cookies	Vegetable Lasagna Carrots Tossed Salad w/Dressing Garlic Knot Fresh Orange
March 17	March 18	March 19	March 20	March 21
Maple Glazed Pork w/Cider Gravy Roasted Sweet Potatoes Balsamic Brussels Sprouts Bread w/Margarine Banana Pudding Graham crackers	Pub Steak Cheeseburger Broccoli w/Ranch dip Tomato Soup Fresh Orange	Ham & Cheese Frittata Greek Tossed Salad Roasted Red Potato Wedges Bread Greek Yogurt w/Berries	Orchard Chicken Salad w/Dressing Garlic Knot Greek Yogurt w/Berries	Macaroni & Cheese Strawberry Spinach Salad w/Dressing Garlic Green Beans Fig Newton cookie
March 24	March 25	March 26	March 27	March 28
Stuffed Pepper Broccoli Mashed Potatoes Bread w/Margarine Pound Cake w/Peaches	Broccoli & Cheese Stuffed Chicken Green Beans & Tomatoes Creamy Spinach Orzo Pasta Fresh Fruit Salad	Petite Beef Tenderloin Medallions Dilled Carrots Mashed Potatoes Bread w/Margarine Fresh Pear	Italian Hoagie Tossed Salad w/Dressing Fresh Apple	Mojo Marinated Cod Filet Coleslaw Corn & Sweet Potato Soup Cilantro Lime Brown Rice Fresh Orange
March 31				
Firehouse Chili Broccoli Brown Rice Bread w/Margarine Fresh Cantaloupe				

Lent
March 5 - April 17

Looking for a good place to have lunch? Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all Seniors 60 and over. All lunches are to be consumed on site. Please call Seton Center @ 412-344-4777 if you are interested in receiving a lunch.

Current Fundraisers:

Sarris Candy Easter Fundraiser: Orders due March 4th

— HANDMADE —
GOSIA'S PIEROGIES

— SINCE 2001 —



Gosia's Pierogies: Orders due March 5th



* Find the order forms at our centers! *

Elizabeth Seton Center, Inc.
1900 Pioneer Ave
Pittsburgh, PA 15226

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