



# ELIZABETH SETON CENTER Senior Center Newsletter

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## May 2025



**BROOKLINE- MAIN CAMPUS**  
1900 PIONEER AVE  
PITTSBURGH, PA 15226  
412.344.4777



**OVERBROOK SENIOR CENTER**  
2199 DARTMORE STREET  
PITTSBURGH, PA 15210  
412.882.7135

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**DEB SCHILLING**  
*Director of Senior Services  
I&R Specialist*  
DEB@SETONCENTERPGH.ORG

**SHERRI BROZELL**  
*Brookline Site Coordinator*  
SHERRI@SETONCENTERPGH.ORG

**CHRISTINE KALOGERIS**  
*Overbrook Site Coordinator*  
CHRISTINE@SETONCENTERPGH.ORG

### **“What’s with all that construction?!”**

Hi Seniors!

You may have noticed that we have new renovations happening at our Senior Center Building! We are thrilled to tell you all about the new updates. Join members of our Seton Center Leadership Team for a special lunchtime Q&A about the new project!

**Thursday, May 15th at 12pm**  
**Brookline Campus**  
**FREE!**

*(Lunch is stuffed pepper, mashed potatoes, & broccoli)*

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### **BIG Changes Proposed for PRT & ACCESS!**

Without additional funding, Pittsburgh Regional Transit (Formerly Port Authority), is proposing drastic service cuts that will seriously impact our community.

**Please make your voice heard!**

**Call the public comment inbox: 412-566-5525 with your name, zip code, and message.**

***Seton Center will be CLOSED on  
Election Day (5/20)  
& on Memorial Day (5/26)***



**\*NEW\***

## LCR DAYS AT BROOKLINE!

*Grab your quarters and  
join us for some exciting  
games of Left, Right,  
Center!*

*Wednesdays  
May 14th & 28th  
@10AM*

*Looking for more fun &  
games? Want to start a  
BUNCO club? SkipBo?  
Phase10?*

*Let us know and we'll try to  
make it happen!*



Tai Chi for Arthritis  
Dr Paul Lam | A Tai Chi for Health Program

*Tai Chi for Arthritis & Fall  
Prevention Continues on  
Mondays in May!*

*Mondays at 2:30PM*

*Classes are FREE!*

# CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

**6 May 2025, 11am: CCAC Mental Aerobics  
Brookline Main Campus  
Cost: FREE**

**8 May 2025, 10am: CCAC Line Dancing  
Overbrook Senior Center  
Cost: FREE**



**8 May 2025, 12pm: Floral Fairy Light  
Craft!  
Brookline Main Campus  
Cost: FREE**

**Thank you to our friends at  
Celebration Villas!**



**13 May 2025, 11am: "Busted Canvas"  
Craft w/ Mary Ann Carvlin  
Brookline Main Campus  
Cost: \$10**

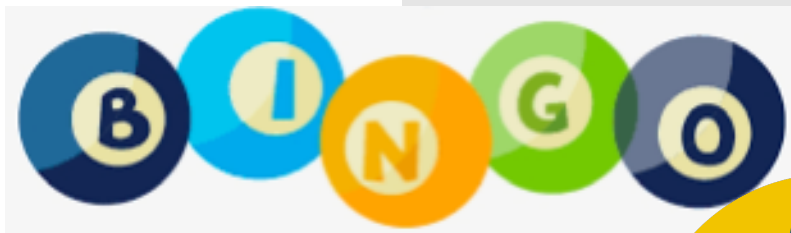
**Bring a photo if you'd like to  
incorporate it!**

**14 May 2025, 12pm: Healthy Cooking w/ Chef Liz!  
Brookline Main Campus  
Cost: \$5**



**15 May 2025, 10am: Patriotic  
Wreath Craft  
w/ Nancy Schaffer  
Overbrook Senior Center  
Cost: \$10**

**21 May 2025, 12pm: Healthy Cooking w/ Chef Brandon  
Brookline Main Campus  
Cost: \$5**



## OVERBROOK BINGO

**Drop-In Bingo!**

**Tuesdays @11AM**

**Lunch break around noon**

**(\$1.25 Suggested Lunch Donation)**

**Special Bingo Days at Overbrook  
this Month:**

**May 13th: All About Advanced  
Directives w/ Bethany Hospice**

**May 21, 2025- 10 AM  
Overbrook Summer Kick-off  
Bingo Party!  
Cost: \$15**

Celebrate the start of summer with friends at  
Overbrook Senior Center!

Doors will open at 10:30am, and games will  
begin at 11am. The price includes lunch, a set  
of bingo cards, and a door prize ticket!  
Additional bingo cards and raffles are available  
for purchase!



## BROOKLINE BINGO

**NO RESERVATIONS REQUIRED!**

**Regular Bingos: Mondays &  
Fridays, 11AM  
Cost: \$5**

**Special Bingo Days:**

**May 2nd: Lunchtime Presentation from PRT  
regarding proposed changes to ACCESS**

**May 9th: Performance by Hey Joe**

**May 19th: Older Americans Month Cookout  
with AAA!**

**May 23rd: Oak Street Health Presentation**

**\*Don't forget about  
Tai Chi for Arthritis & Fall Prevention on  
Mondays at 2:30PM**

**Standard Payouts: \*\*Can increase based  
on daily attendance!\*\***

**13 Regular Games - \$5.00 (cash or gift  
card)**

**2 Specials - \$10.00**

**1 Jackpot - \$40.00 + \$25.00 with Magic  
Number or Super Magic Number \$50.00**





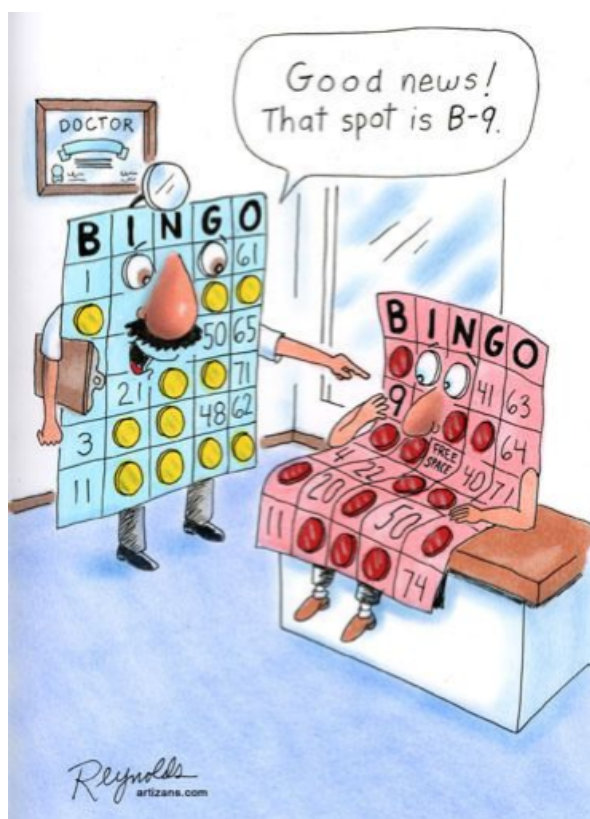
# SUPER BINGO PARTY!

May 30, 2025- Doors @10AM, Play @11AM: **EXTREME BINGO!**

**Brookline Senior Hall**

**Cost: \$15**

**(Includes 1st Bingo Packet, Lunch, & 1 door prize ticket)**



🎉 **Bingo lovers, it's time to dab your way to glory at our EXTREME BINGO Party!** 🎉

Get ready for a day dedicated to *everything BINGO*—from prizes, daubers, snacks, and more. We're on the hunt for the **#1 Bingo Fan**, and it might just be **YOU!**

Throw on your wildest bingo gear, bring your lucky charms, and get ready to shout "BINGO!" louder than ever. Whether you're in it for the fun, the prizes, or the glory, this is the ultimate bingo bash you've been waiting for.

Our Super Bingo Party gives our players a chance to win **BIG BUCKS!** We will pick 4 magic numbers and 1 super magic number for the coverall (each magic number receives one payout only)

#### Payouts:

13 Regular Games pay \$10.00 + \$50.00 with Magic Number

2 Specials Pay \$20.00

1 Jackpot Pay \$80.00 + \$50.00 with Magic Number or Super Magic Number  
\$100.00

**Farmer's Market Vouchers  
will be distributed on:**

**JUNE 10TH, 2025**





## GAMES, SPECIAL EVENTS & MORE!

May 8th & 22nd, 2025: Game Days At Overbrook!

Overbrook Senior Center at 10:30am  
Bring Quarters or Spare Change

Join us as we play Left, Right, Center, and  
more! Lunch will be served at noon.  
For more information please call  
412-882-7135.



## ALLSTAR DRUMMING AT SETON CENTER



*Come Jam with Us!*

*Fridays @9am*

*Seton Center Gym*

*Drop-In Rate: \$8 per  
class  
OR  
4-class pass for \$20!*

## SAVE THE DATE!



## HEALTHY LIVING

Variety &  
Therapeutic Chair  
Exercise at  
Overbrook

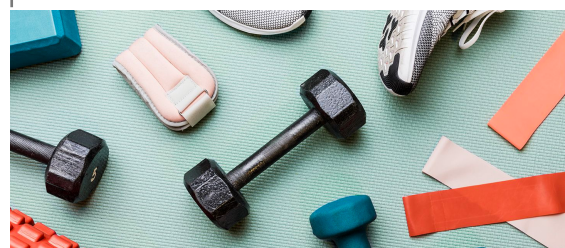
Wednesdays at 10AM

1st Monthly Class: \$5  
Returning Sessions: \$3



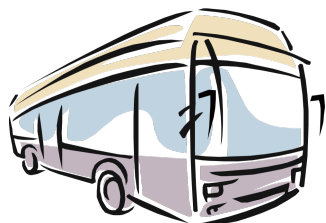
Seton Center's FREE  
Fitness Center at  
Brookline is open  
Monday-Friday from  
8am-5pm

No Reservation Required!



## Transportation & Resources

If you need assistance with transportation or other senior resources, please call Deb Schilling at 412.344.4777. We will be happy to help however we can.



*Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.*

## PUZZLE OF THE MONTH!

Take a chance at this month's puzzle



Turn in your completed puzzle for a chance to win an Eat'N Park Gift Card!

Congratulations to last month's winner:

**Rose Linke!**

# GROUP OUTINGS

**Pittsburgh Aviary Insider Trip w/ Special Presentation!**

**Thursday, May 29th**

**Depart from Brookline at 9:45 am**

**Cost With Lunch: \$25\*\***

**(Catered by Atria's and delivered to the Aviary)**

**BYO Lunch Option: \$15**

**\*Must Pre-pay to reserve spot\***



## Spring Sudoku

Puzzle



Fill each box with a number between 1 and 9 in a manner that the same number does not appear twice in any specific row or column.

	6					4	8	3
			2	4				
		1			8		5	
	2				3	7	1	
1				6				
	5	6					3	
7	1		6			2		
5						8		
		4	8					1



# May 2025 Menu

					<b>May 1</b>	<b>May 2</b>
					<b>Honey Mustard Chicken Salad</b> Tomato Soup Bread w/Margarine Fresh Fruit Salad	<b>Spanish Omelette</b> Diced Potatoes Peppers & Onions Croissant w/Margarine Greek Yogurt w/Berries
<b>May 5</b>	<b>May 6</b>	<b>May 7</b>	<b>May 8</b>	<b>May 9</b>		
<b>Smothered Pork</b> Roasted Sweet Potatoes Balsamic Glazed Brussels Sprouts Bread w/Margarine Banana Pudding	<b>Pub Steak Cheeseburger</b> Broccoli w/Ranch dip Roasted Potato Wedges Sandwich Roll Fresh Apple	<b>Hawaiian Chicken</b> Stir Fried Veggies Coconut Brown Rice Tropical Fruit Margarine	<b>Macaroni &amp; Cheese</b> Strawberry Spinach Salad with Chicken Garlic Green Beans Blueberry Bread	<b>Greek Salad with Salmon</b> French Onion Soup Bread w/Margarine Fresh Orange		
<b>May 12</b>	<b>May 13</b>	<b>May 14</b>	<b>May 15</b>	<b>May 16</b>		
<b>Peppered Egg Salad Sandwich</b> (w/bell peppers) Baby Carrots Garden Veggie Soup Sandwich Roll Diced Peaches	<b>Chicken Cordon Bleu</b> Peas & Pearl Onions Rosemary Roasted Potatoes Bread w/Margarine Fresh Fruit Salad	<b>Firehouse Chili</b> Peppers & Onions Brown Rice Bread w/Margarine Fresh Grapes	<b>Stuffed Pepper</b> Broccoli Mashed Potatoes Bread w/Margarine Pound Cake w/Peaches	<b>Vegetable Lasagna</b> Cauliflower & Peas Tossed Salad Bread Oatmeal Cookie		
<b>May 19</b>	<b>May 20</b>	<b>May 21</b>	<b>May 22</b>	<b>May 23</b>		
<b>Breaded Dill Chicken Sandwich</b> Tomato Cucumber Salad Chickpea, Kale, Edamame, Quinoa Blend Sandwich Roll Fresh Cantaloupe	<b>Seton Center Closed</b>	<b>Chicken Avocado Salad</b> Sweet Pepper & Beef Soup Bread w/Margarine Diced Pineapple	<b>Lemon Pepper Cod</b> Broccoli Parmesan Penne Pasta Banana Bread w/Marg Fresh Apple	<b>Stuffed Cabbage Roll</b> Mashed Potatoes Green Beans Bread w/Margarine Greek Yogurt w/Peaches		
<b>May 26</b>	<b>May 27</b>	<b>May 28</b>	<b>May 29</b>	<b>May 30</b>		
<b>Meatloaf w/avy</b> May Memorial Day Center Closed B... Jell...	<b>Turkey &amp; Smoked Gouda Sandwich</b> Potato Salad Mediterranean Vegetable Soup Sandwich Roll Fresh Grapes	<b>Country Fried Steak</b> Mashed Potatoes Maple Glazed Carrots Bread w/Margarine Pound Cake w/Berries	<b>Southern BBQ Chicken</b> Sauteed Greens Macaroni & Cheese Peach Applesauce	<b>Beef Barbacoa</b> Black Bean and Corn Vegetable Blend Brown Rice Fresh Fruit Salad Guacamole		

Looking for a good place to have lunch? Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all Seniors 60 and over. All lunches are to be consumed on site. Please call Seton Center @ 412-344-4777 if you are interested in receiving a lunch.

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Join us for our monthly Dine to Donate Day!



**Chipotle- Brentwood Town Center**

**Tuesday, May 6th  
Open-Close**

**Don't forget to mention the fundraiser!  
Flyers are available at the Center or  
Online!**



Elizabeth Seton Center, Inc.  
1900 Pioneer Ave  
Pittsburgh, PA 15226

**ADDRESS SERVICE REQUESTED**

**NON-PROFIT ORG.**  
**US POSTAGE**  
**PAID**  
**PITTSBURGH PA**  
**PERMIT NO 1524**

