



# ELIZABETH SETON CENTER Senior Center Newsletter

## July 2025



**BROOKLINE- MAIN CAMPUS**  
1900 PIONEER AVE  
PITTSBURGH, PA 15226  
412.344.4777



**OVERBROOK SENIOR CENTER**  
2199 DARTMORE STREET  
PITTSBURGH, PA 15210  
412.882.7135

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### **Hello Summer!**

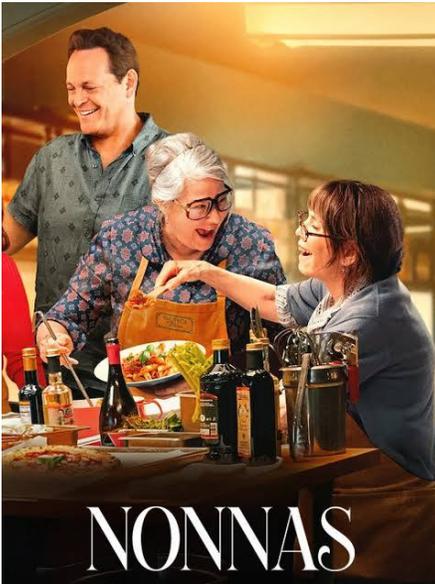
This just might be our busiest—and most exciting—month yet! July is bursting with activities you won't want to miss, from our 40th Anniversary Community Festival, **Seton SummerFest**, at Moore Park, to a very special tribute to Ol' Blue Eyes himself, Frank Sinatra! Join us for a lovely evening seeing the **Heritage Players' production of *Charlotte's Web***—complete with dinner beforehand! We have our popular trip with the Seton Center kids to the **Washington Wild Things game**, and wrapping up the month with a bang at the **Riverhounds Fireworks Night**, including a festive tailgate! Of course, we'll still have all your favorite **classes, games, movies, and exercise groups** happening throughout the month. July is packed with fun, friends, and unforgettable moments—come join the celebration!

**Reminder: Seton Center is  
CLOSED on July 4th.**

# MOVIE DAY

Wednesday, July 23rd

Brookline Center  
@12pm



*Nonnas* is a heartfelt comedy-drama about a grieving man who honors his late mother by opening a restaurant staffed entirely by grandmothers from around the world, celebrating family, tradition, and the healing power of food.

South Park Buffalo  
Feeding Visit!  
Tuesday, July 1st  
Depart Brookline: 8:45 AM

Cost: \$3 to Reserve Your  
Spot on the Van  
We will stop at Eat' N Park  
for Lunch (Pay your way)



# CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

9 July 2025, 10am: Left Right Center Game Day!  
Brookline Main Campus  
Cost: Bring Quarters to Play With

9 July 2025, 12:30pm: Healthy Cooking with Chef  
Brandon  
Brookline Main Campus  
Cost: \$10\*\*

\*\*note increase in price due to food costs.

10 July 2025, 12pm: Crafting with Celebration Villas of  
Lakemont Farms  
Brookline Main Campus  
Cost: FREE

16 July 2025, 12:30pm: Healthy Cooking with Chef Liz  
Brookline Main Campus  
Cost: FREE  
(Sponsored by Chefs for Seniors)

17 July 2025, 10am: Crafting with Nancy  
Mosaic Glassware  
Overbrook Senior Center  
Cost: \$10

31 July 2025, 12pm: Bethany Hospice Living Wills &  
POA Assistance  
Overbrook Senior Center  
Cost: FREE

## DINNER & THEATER

SETON CENTER AUDITORIUM

FRIDAY JULY 18TH



DINNER AT 6PM,  
SHOW AT 7:30PM  
COST IS \$20 PER  
PERSON\* (INCLUDES  
DINNER & SHOW  
TICKET)

\*PLEASE PAY TO  
RESERVE YOUR SPOT



## OVERBROOK BINGO

**Drop-In Bingo!**  
**Tuesdays @11AM**  
**Lunch break around noon**  
**(\$1.25 Suggested Lunch Donation)**

**Special Bingo Days at Overbrook  
this Month:**

**July 15th- Oak Street Health**  
**July 22nd- Hey Joe!**

**July 15, 2025- 10 AM**  
**Overbrook SUPER SPARKLER**  
**Bingo Party!**  
**Cost: \$15**

Doors will open at 10:30am, and games will begin at 11am. The price includes lunch, a set of bingo cards, and a door prize ticket! Additional bingo cards and raffles are available for purchase!



## BROOKLINE BINGO

**NO RESERVATIONS REQUIRED!**

**Regular Bingos: Mondays &  
Fridays, 11AM**  
**Cost: \$5**

**Special Bingo Days:**

**July 7th- Realty One Group Visit**  
**Remember: No Bingo on July 4th**



**Tai Chi for Arthritis & Fall Prevention**  
**Mondays after bingo, at 2:30PM**  
**Classes are FREE!**

**Standard Payouts: \*\*Can increase based on daily attendance!\*\***

**13 Regular Games - \$5.00 (cash or gift card)**  
**2 Specials - \$10.00**  
**1 Jackpot - \$40.00 + \$25.00 with Magic Number or Super Magic Number \$50.00**



# SUPER BINGO PARTY!

July 21, 2025- Doors @10AM, Play @11AM: Big Apple Bingo Party

Brookline Senior Hall

Cost: \$15

(Includes 1st Bingo Packet, Lunch, & 1 door prize ticket)

🇺🇸 Start spreadin' the news... It's time for **BIG APPLE BINGO!** 🎉🎵

Join us for a dazzling **New York-themed Bingo Bash** where the city that never sleeps meets the game everyone loves. From Times Square thrills to Central Park chills, we're bringing the spirit of the Big Apple to bingo—with a special performance by a Frank Sinatra impersonator!



Come dressed in your best city chic and celebrate the sights, sounds, and soul of New York. Whether you love a little Rat Pack glamour or just want to win big in the big city—this is your moment.

 If you can make it here,.. you can **BINGO** anywhere!

Don't miss your ticket to **Big Apple Bingo** – a celebration so fun, it's *frankly* unforgettable.

Our Super Bingo Party gives our players a chance to win **BIG BUCKS!**  
We will pick 4 magic numbers and 1 super magic number for the coverall  
(each magic number receives one payout only)

Payouts:

13 Regular Games pay \$10.00 + \$50.00 with Magic Number

2 Specials Pay \$20.00

1 Jackpot Pay \$80.00 + \$50.00 with Magic Number or Super Magic Number \$100.00

RESERVATIONS REQUIRED: Call 412.344.4777



**Allstar Drumming at Seton Center!**

**Fridays @9am in the Seton Center Gym  
(Note: No Class on July 4th!)**

**Drop-In Rate: \$8 per class**

**OR**

**4-class pass for \$20!**



ELIZABETH SETON CENTER

# SUMMERFEST

MOORE PARK | JULY 12<sup>TH</sup> | 12PM-6PM

# BINGO

# DOLLAR GAMES

# \$1

**PER GAME**  
(INCLUDES 6 CARDS FOR  
REGULAR GAMES  
3 CARDS FOR SPECIALS)

# ALL CASH PRIZES!

PRIZES BASED ON  
GAME PARTICIPATION

# \$5000

**JACKPOT COVERALL GAME  
PLAYED AT 5:45PM**

**\*BINGO TENT  
WILL BE  
LOCATED ON  
THE UPPER  
FIELD\***



[setoncenterpgh.org](http://setoncenterpgh.org)



ELIZABETH SETON CENTER

# SUMMERFEST

MOORE PARK | JULY 12<sup>TH</sup> | 12PM-6PM

## MAIN STAGE ENTERTAINMENT

12:00 PM: **CARDIO DRUMMING WITH ALL STAR THERAPIES**

1:15 PM: **ZAC STARR** | 2:00 PM: **HERITAGE PLAYERS**

3:00 PM: **WILD WORLD OF ANIMALS** | 4:00 PM: **THE UMA'S JAZZ BAND**

5:00 PM: **JOHN PATRICK HEISERMAN** | 6:00 PM: **STARLING MY DARLING**



## CHARACTER MEET & GREETES

3:30 PM: **BLUEY**

4:30 PM: **SPIDERMAN**

5:30 PM: **STITCH**



**ALL DAY BINGO | RAFFLES**  
**INSTANT BINGOS | 50/50 & MORE!**



**FREE BALLOON ARTIST**  
12PM-3PM!

**FREE FACE PAINTING!**  
SPONSORED BY NEWBAUER  
MANIET FINANCIAL GROUP!



## 30+ VENDORS

## 11 FOOD TRUCKS

## FOAM PARTIES

**1PM & 4PM**

### OTHER KIDS' ACTIVITIES INCLUDE:

**Barrel Train | Pony Rides | Bounce Houses**

**Carnival Games & Crafts!**

Sponsored by: **Two Can Make It Happen, LLC**

**PARKING UPDATES AND OTHER INFORMATION WILL BE AVAILABLE**  
**AT SETONCENTERPGH.ORG AND ON OUR FACEBOOK PAGE!**

# GAMES, SPECIAL EVENTS & MORE!

July 10th & 24th, 2025: Game Days At Overbrook!

Overbrook Senior Center at 10:30am  
Bring Quarters or Spare Change

Join us as we play Left, Right, Center, and  
more! Lunch will be served at noon.  
For more information please call  
412-882-7135.



*Limited Number of Van Seats Available-  
Let us know if you're interested!*

A promotional graphic for a soccer game. It features a soccer ball in the background. On the left is the Seton Center logo, which is a maroon cross with 'SETON CENTER' and '1985-2025' written on it. On the right is the Pittsburgh Riverhounds SC logo, which is a yellow circle with a black border containing a soccer ball and a paw print, with '19' and '99' on either side. The text 'PITTSBURGH RIVERHOUNDS SC' is written around the circle. Overlaid on the soccer ball is the text 'SETON CENTER NIGHT @ THE RIVERHOUNDS' in large, bold, white and yellow letters. Below that, in white text on a black background, is 'TUESDAY, JULY 29TH @ 7PM' and 'HIGHMARK STADIUM'. At the bottom, in white text on a black background, is 'TICKETS ARE \$30 (AGES 3+) | ON SITE PARKING IS \$25' and 'EMAIL KATE@SETONCENTERPGH.ORG TO RSVP'. At the very bottom, in white text on a green background, is 'WE WILL HAVE A SETON CENTER TAILGATE BEFOREHAND WITH HOT DOGS &amp; SNACKS!' and 'JOIN US ON THE FIELD WITH THE TEAM FOR WARM UP, AND AFTER THE GAME FOR FIREWORKS!'. There are colorful fireworks in the bottom right corner.



## HEALTHY LIVING

Variety &  
Therapeutic Chair  
Exercise at  
Overbrook

Wednesdays at 10AM

1st Monthly Class: \$5  
Returning Sessions: \$3



Seton Center's FREE  
Fitness Center at  
Brookline is open  
Monday-Friday from  
8am-5pm

No Reservation Required!



## Transportation & Resources

If you need assistance with transportation or other senior resources, please call Deb Schilling at 412.344.4777. We will be happy to help however we can.



*Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.*

### MONTHLY MENTAL FLEX!

Take a chance at this month's puzzle



Turn in your completed puzzle for a chance to win an Eat'N Park Gift Card!

Don't forget to include your name!

Congratulations to last month's winner:

**Andrea Benson-Fuchs!**

# GROUP OUTINGS

## Washington Wild Things Baseball Game (Super Splash Day!)

Tuesday, July 8th

Meet at Brookline at 8:30am for Breakfast

Cost: \$15  
(includes game ticket, continental breakfast, transportation, & meal voucher for lunch)

\*Please prepay to reserve spot\*



## 4th of July Word Search

INDEPENDENCE  
STARS  
STRIPES  
EAGLE  
FREEDOM  
PATRIOTIC  
FIREWORKS  
JULY  
FLAG  
AMERICA  
PARADE  
BELL  
RED  
WHITE  
BLUE

N	L	S	T	A	R	S	S	M	B	R	E	S	W	F
J	I	A	B	M	E	L	E	S	E	R	W	R	G	
U	O	B	M	P	R	C	H	E	L	G	A	E	S	G
L	M	L	I	Y	D	T	E	K	L	A	E	R	M	H
Y	E	R	I	C	R	R	G	Q	L	D	B	I	K	U
U	T	P	E	D	O	O	D	S	O	O	I	F	C	N
S	G	O	O	F	A	I	A	M	D	G	T	R	E	I
V	W	C	A	P	E	Y	J	T	W	N	E	E	X	N
E	A	A	M	E	R	I	C	A	D	A	Y	S	T	D
R	L	M	E	U	B	O	A	T	I	S	O	U	P	E
R	E	G	G	L	C	C	I	T	O	I	R	T	A	P
A	C	A	N	B	E	E	N	O	T	R	E	R	R	E
Y	A	D	I	R	F	D	O	O	G	I	A	E	A	N
U	Y	S	G	L	I	D	E	R	W	N	P	C	D	D
C	H	A	I	S	T	I	A	N	O	G	E	T	E	E
X	L	R	O	V	Z	I	C	O	J	B	A	I	N	N
F	I	R	E	W	O	R	K	S	L	E	P	O	E	C
A	J	D	O	F	Z	I	C	B	J	W	H	I	T	E

# JULY 2025 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1 Petite Beef Tenderloin Medallions</b> (1 sl beef w/au jus) 1/2 C Carrots 1/2 C Mashed Potatoes 1 sl WW Bread w/Margarine 1 Fresh Pear	<b>2 Chicken Avocado Salad</b> (3/4 C diced chicken) Salad: (2 C lettuce, 2 Tbsp tomatoes, 1 Tbsp cucumber, 1/4 avocado) & Dressing 1 C Sweet Pepper/Beef Soup 1 sl WW Bread w/Margarine 1/2 C Diced Pineapple	<b>3 Lemon Pepper Cod</b> (1 cod filet) 1/2 C Broccoli 1/2 C Parmesan Penne Pasta 1 sl Banana Bread w/Margarine Fresh Apple	
<b>7 Meatloaf with Gravy</b> (1 slice meatloaf w/gravy) 1/2 C Mashed Potatoes 1/2 C Green Beans 1 sl WW Bread w/Margarine 1/2 C Jello	<b>8 Turkey &amp; Smoked Gouda Sandwich</b> (2 sl turkey, 1 sl cheese) 1/2 C Potato Salad 1 C Mediterranean Vegetable Soup 1 WW Sandwich Roll 1/2 C Fresh Grapes	<b>9 Country Fried Steak</b> (1 breaded beef patty w/ 1/4 C creamy gravy) 1/2 C Mashed Potatoes 1/2 C Maple Glazed Carrots 1 sl WW Bread w/Margarine 1 sl Pound Cake w/ 1/4 C Berries	<b>10 Southern BBQ Chicken</b> (1 chicken breast, BBQ sauce) 1/2 C Sautéed Greens 1/2 C Macaroni & Cheese 1/2 C Peach Applesauce	<b>11 Beef Barbacoa</b> (3/4 C seasoned beef) 1/2 C Black Bean and Corn Vegetable Blend 1/2 C Brown Rice 1/2 C Fresh Fruit Salad 1 SS cup Guacamole
<b>14 Raspberry BBQ Chicken</b> (1 grilled chicken breast) 1/2 C Succotash 1/2 C Roasted Sweet Potatoes 1 sl WW Bread w/Margarine 1/2 C Fresh Watermelon	<b>15 Swiss Steak</b> (1 beef patty, tomato gravy) 1/2 C Broccoli 1/2 C Mashed Potatoes 1 sl WW Bread w/Margarine 1/2 C Chocolate Pudding	<b>16 Deli Plate</b> (1/4 C tuna salad, 1/4 C chicken salad) 1 C let, cukes, tom 1 C Broccoli Cheese Soup 1 sl WW Bread w/Margarine 1 pkg Berry Vanilla Cookies 1/2 C Fresh Cantaloupe	<b>17 Korean BBQ Beef</b> (3/4 C beef) 1/2 C Stir-Fried Vegetables 1/2 C Stir-Fried Rice 1 sl WW Bread w/Margarine Fresh Orange	<b>18 Stuffed Shells</b> (2 shells w/cheese & sauce) 1/2 C Green Beans 1/2 C Italian Seasoned Carrots 1/2 C Diced Pears
<b>21 Garlic Parmesan Meatballs</b> (2 meatballs w/garlic parmesan sauce) 1/2 C Broccoli & Red Peppers 1 C Tossed Salad w/Dressing 1/2 C Buttered Rotini 1 sl Bread w/Margarine 1/2 C Jello	<b>22 Butter Chicken</b> (1 chicken breast w/butter) 1/2 C Green Beans & Tomatoes 1/2 C Brown Rice w/Carrots and Raisins 1/2 C Diced Mango 1 Sugar Cookie	<b>23 Pulled Pork Sandwich</b> (1/2 C pulled pork w/sandwich roll & 1 pkt BBQ sauce) 1/2 C Coleslaw 1/2 C Chuckwagon Corn Fresh Pear	<b>24 Honey Mustard Chicken Salad</b> (3/4 C diced chicken) Salad (2 Cups lettuce/2 TBSP tomato/2 TBSP cucumber) w/Dressing packet 1 C Tomato Soup 2 sl WW Bread w/Margarine 1/2 C Fresh Fruit Salad	<b>25 Spanish Omelette</b> (1 omelette/cheese/salsa) 1/2 C Diced Potatoes 1/2 C Peppers & Onions 1 WG Croissant w/Margarine 1/2 C Greek Yogurt w/ 1/4 C Berries
<b>28 Smothered Pork</b> (1 sl pork, caramelized onions) 1/2 C Roasted Sweet Potatoes 1/2 C Balsamic Glazed Brussels Sprouts 1 sl WW Bread w/Margarine 1/2 C Banana Pudding	<b>29 Pub Steak Cheeseburger</b> (1 beef patty, 1 sl cheese) 1/2 C Broccoli w/Ranch dip 1/2 C Roasted Potato Wedges 1 WW Sandwich Roll Fresh Apple Ketchup	<b>30 Hawaiian Chicken</b> (1 grilled chicken breast, pineapple, sweet & sour sauce) 1/2 C Stir Fried Veggies 1/2 C Coconut Brown Rice 1/2 C Tropical Fruit	<b>31 Macaroni &amp; Cheese</b> (1 C macaroni & cheese) 1 1/2 C Strawberry Spinach Salad (1 C Spinach, 1/4 C Strawberries, 1/4 C diced chicken & Dressing) 1/2 C Garlic Green Beans 1 mini loaf Blueberry Bread	

Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all individuals 60 and over. All lunches are to be consumed on site. Please call Seton Center at 412-344-4777 if you are interested in joining us for lunch.

Join us for our monthly Dine to Donate Day!



**Primanti Bros.**  
**Washington Rd- Mt. Lebanon**

**Wednesday, July 23rd**  
**Open-Close**

**Don't forget to mention the fundraiser!**

Elizabeth Seton Center, Inc.  
1900 Pioneer Ave  
Pittsburgh, PA 15226

**ADDRESS SERVICE REQUESTED**

**NON-PROFIT ORG.**  
**US POSTAGE**  
**PAID**  
**PITTSBURGH PA**  
**PERMIT NO 1524**

