



ELIZABETH SETON CENTER Senior Center Newsletter

August 2025



BROOKLINE- MAIN CAMPUS
1900 PIONEER AVE
PITTSBURGH, PA 15226
412.344.4777



OVERBROOK SENIOR CENTER
2199 DARTMORE STREET
PITTSBURGH, PA 15210
412.882.7135

DEB SCHILLING

*Director of Senior Services
I&R Specialist*

DEB@SETONCENTERPGH.ORG

SHERRI BROZELL

Brookline Site Coordinator

SHERRI@SETONCENTERPGH.ORG

CHRISTINE KALOGERIS

Overbrook Site Coordinator

CHRISTINE@SETONCENTERPGH.ORG

August is full of excitement at Seton Center! We're still smiling from the joy and community spirit shared during Seton SummerFest—thank you to everyone who attended, volunteered, or helped make it such a special celebration.

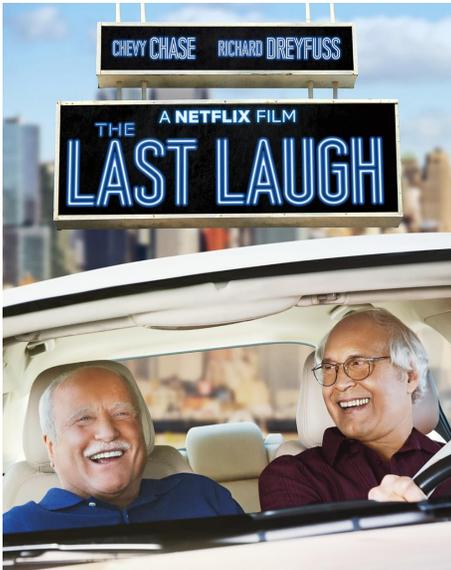
Looking ahead, there's so much in store: Tickets are on sale now for our Grandparents Day Bingo on September 6—an intergenerational favorite that's fun for all ages! We're also introducing a new Community Bingo Night open to all adults, planning a scenic trip to Trax Farms (a great opportunity to use farmers' market vouchers), and offering a chance to learn a fun new horse racing game. We'll have plenty of special visitors this month, and you never know *whoo* might stop by! And don't forget—Variety Exercise has officially moved from Overbrook to Brookline, so be sure to join us for some movement and fun!



MOVIE DAY

Wednesday, August 30th

Brookline Center
@12pm



A retired talent manager (Chevy Chase) reconnects with his first-ever client (Richard Dreyfuss), a comedian who walked away from show business half a century ago, and persuades him to embark on one final cross-country comedy tour to chase a long-delayed dream.

Learn About Owls!

Program by the National Aviary

COST: \$5

Thursday, August 21st,
@1:00PM

Brookline Main Campus



CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

6 August 2025, 12:30pm: Healthy Cooking with Chef Sam
Brookline Main Campus
Cost: \$5

7 August 2025, 12:30pm: Digital Skills & Device Help
with friends from the Brookline Library!
Overbrook Senior Center
Cost: FREE

12 August 2025, 10am: Digital Skills & Device Help with
friends from the Brookline Library!
Brookline Main Campus
Cost: FREE

13 Aug. 2025, 12:30pm: Healthy Cooking w/ Chef Brandon
Brookline Main Campus
Cost: \$10

14 Aug. 2025, 10:30 am: Crafting with Celebration Villas
Brookline Main Campus
Cost: FREE

21 Aug. 2025, 10:00 am: Crafting w/ Nancy!
Decorated Outdoor Light
Overbrook Senior Center
Cost: \$10

GAME CLUB | Learn-to-Play: Horse Race!

FREE

Wednesday, August 6th @1:30PM (following Cooking Class)
& Wednesday, August 20th @10AM

Join us for a fun afternoon of friendly competition! Don't worry if you've never played before, we'll teach you all you need to know!



*Note: this game can be played with spare change, but we'll play with chips & have prizes for the winners!



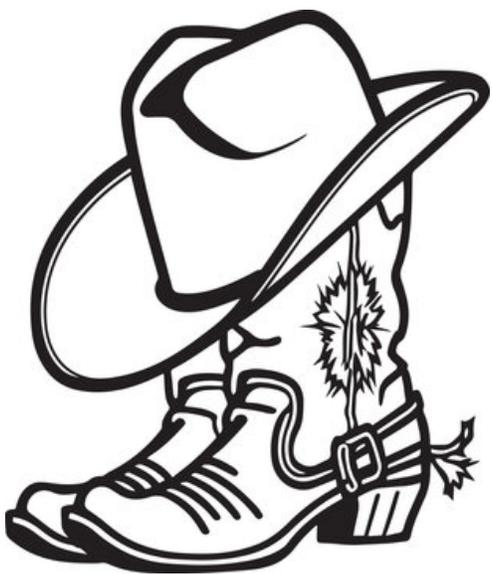
OVERBROOK BINGO

Drop-In Bingo!
Tuesdays @11AM
Lunch break around noon
(\$1.25 Suggested Lunch Donation)

**Special Bingo Days at Overbrook
this Month:**

August 19, 2025- 11 AM
Cowboy Country Bingo Party!
Cost: \$15

Doors will open at 10:30am, and games will begin at 11am. The price includes lunch, a set of bingo cards, and a door prize ticket! Additional bingo cards and raffles are available for purchase!



BROOKLINE BINGO

NO RESERVATIONS REQUIRED!

**Regular Bingos: Mondays &
Fridays, 11AM**
Cost: \$5

Special Bingo Days:

**August 11th- Fall Prevention Screenings with
Neuroaxis Rehab**

**August 15th- Name That Tune Bingo with
Advantage Home Health**

August 18th- Tap Performance from Zac Starr

**August 22nd- Intro to Diabetic Footwear with
Westbrook Medical Supply**

**August 25th- Preventing Medical Fraud with
CARIE**

**Standard Payouts: **Can increase based
on daily attendance!****

**13 Regular Games - \$5.00 (cash or gift
card)**

2 Specials - \$10.00

**1 Jackpot - \$40.00 + \$25.00 with Magic
Number or Super Magic Number \$50.00**

BINGO NIGHT

NEW COMMUNITY BINGO NIGHT!

WEDNESDAY, AUGUST 13TH, 2025
DOORS OPEN AT 6:15PM, BINGO STARTS AT 7PM



SETON CENTER- BROOKLINE
1900 PIONEER AVE
PITTSBURGH, PA 15226



OPEN TO ALL ADULTS!
CONCESSIONS AVAILABLE | BYOB

\$15 AT THE DOOR COVERS 10 REGULAR GAMES (6-ON)
& DOOR PRIZE ENTRY*
SPECIALS AND JACKPOT GAMES SOLD SEPARATELY

*DONATE SCHOOL SUPPLIES & RECEIVE AN EXTRA DOOR PRIZE TICKET FOR EACH (NEW/UNOPENED) ITEM!

TICKETS CAN BE PURCHASED IN ADVANCE & AT THE DOOR.
FOR QUESTIONS, EMAIL [KATE@SETONCENTERPGH.ORG](mailto:kate@setoncenterpgh.org)

Grandparents Day Bingo is Back!

Join us for
GRANDPARENTS DAY BINGO!

Fun for the whole family!

Saturday, September 6th
12pm

Doors & Concessions open at 11:30am

Cash prizes, kids' prizes, raffles & more!

\$10 Donation
Includes first set of bingo cards. Additional cards available for purchase.

Seton Center- Brookline
1900 Pioneer Ave
Pittsburgh, PA 15226

For tickets, visit SetonCenterPgh.org

Questions? Contact kate@setoncenterpgh.org

Saturday,
September 6th
12 PM

\$10 Per Person

GAMES, SPECIAL EVENTS & MORE!

August 14th & 28th, 2025: Game Days At Overbrook!

Overbrook Senior Center at 10:30am
Bring Quarters or Spare Change

Join us as we play Left, Right, Center, and
more! Lunch will be served at noon.
For more information please call
412-882-7135.



Tai Chi Continues on Mondays!

Due to popular request, we will continue to offer Tai Chi for
Arthritis on Monday afternoons at 2:30PM!

1st Monthly Class: \$5, Returning Classes: \$3*

Save \$2/class when you return in the same month!



Tai Chi for Arthritis

Dr Paul Lam | A Tai Chi for Health Program

Allstar Cardio Drumming at Seton Center!



**Fridays @9am in the
Seton Center Gym**

**Drop-In Rate: \$8 per
class
OR
4-class pass for \$20!**



HEALTHY LIVING

Variety &
Therapeutic Chair
Exercise

*** MOVED TO
BROOKLINE ***

Wednesdays at 10:30AM

1st Monthly Class: \$5
Returning Sessions: \$3



**Seton Center's FREE
Fitness Center at
Brookline is open
Monday-Friday from
8am-5pm**

No Reservation Required!



Transportation & Resources

If you need assistance with transportation or other senior resources, please call Deb Schilling at 412.344.4777. We will be happy to help however we can.



Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.

MONTHLY MENTAL FLEX!

Take a chance at this month's puzzle



Turn in your completed puzzle for a chance to win an Eat'N Park Gift Card!

Don't forget to include your name!

Congratulations to last month's winner:

Daryl Neuman!

GROUP OUTINGS

Brunch at the Beach House Restaurant & Trax Farms Visit!
Wednesday, August 27th
Meet at Brookline at 9 am



Cost: \$3 per person + pay your way for brunch

Please prepay to reserve spot

*Can you solve the produce puzzle?
Look carefully!*

$$\text{Apple} + \text{Apple} + \text{Apple} = 120$$

$$\text{Apple} + \text{Banana} + \text{Banana} = 100$$

$$\text{Banana} + \text{Grape} + \text{Apple} = 105$$

$$\text{Banana} + \text{Grape} = ?$$

Your Name: _____

Your Answer: _____

August 2025 Menu

				August 1 Greek Salad w/Salmon French Onion Soup Bread w/Margarine Fresh Orange
August 4 Peppered Egg Salad Sandwich (w/bell peppers) Baby Carrots Garden Veggie Soup Diced Peaches	August 5 Chicken Cordon Bleu Peas & Pearl Onions Rosemary Roasted Potatoes Bread w/Margarine Fresh Fruit Salad	August 6 Firehouse Chili Peppers & Onions Brown Rice Bread w/Margarine Fresh Grapes	August 7 Stuffed Pepper Broccoli Mashed Potatoes Bread w/Margarine Pound Cake w/Peaches	August 8 Vegetable Lasagna Cauliflower & Peas Tossed Salad w/Dressing Bread Oatmeal Cookie
August 11 Breaded Dill Chicken Sandwich Tomato Cucumber Salad Chickpea, Kale, Edamame, Quinoa Blend Fresh Cantaloupe	August 12 Petite Beef Tenderloin Medallions Carrots Mashed Potatoes Bread w/Margarine Fresh Pear	August 13 Chicken Avocado Salad Sweet Pepper & Beef Soup Bread w/Margarine Diced Pineapple	August 14 Lemon Pepper Cod Broccoli Parmesan Penne Pasta Banana Bread w/Marg Fresh Apple	August 15 Stuffed Cabbage Roll Mashed Potatoes Green Beans Bread w/Margarine Greek Yogurt w/Peaches
August 18 Meatloaf with Gravy Mashed Potatoes Green Beans Bread w/Margarine Jello	August 19 Turkey & Smoked Gouda Sandwich Potato Salad Mediterranean Vegetable Soup Sandwich Roll Fresh Grapes	August 20 Country Fried Steak Mashed Potatoes Maple Glazed Carrots Bread w/Margarine Pound Cake w/Berries	August 21 Southern BBQ Chicken Sauteed Greens Macaroni & Cheese Peach Applesauce	August 22 Beef Barbacoa Black Bean and Corn Vegetable Blend Brown Rice Guacamole Fresh Fruit Salad
August 25 Raspberry BBQ Chicken Succotash Roasted Sweet Potatoes Bread w/Margarine Fresh Watermelon	August 26 Swiss Steak Broccoli Mashed Potatoes Bread w/Margarine Chocolate Pudding	August 27 Deli Plate Broccoli Cheese Soup Bread w/Margarine Berry Vanilla Cookies Fresh Cantaloupe	August 28 Korean BBQ Beef Stir-Fried Vegetables Stir-Fried Rice Bread w/Margarine Fresh Orange	August 29 Stuffed Shells Green Beans Italian Seasoned Carrots Diced Pears

Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all individuals 60 and over. All lunches are to be consumed on-site. Please call Seton Center at 412-344-4777 if you are interested in joining us for lunch. **Two-day advanced notice is much appreciated!**

Join us for our monthly Dine to Donate Day!



Panera Bread- Caste Village:
 Friday, August 15th: 8am-8pm

Mention the Elizabeth Seton Center
 Fundraiser & your purchase will
 help us earn 20% back in donations!

Elizabeth Seton Center, Inc.
1900 Pioneer Ave
Pittsburgh, PA 15226

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG.
US POSTAGE
PAID
PITTSBURGH PA
PERMIT NO 1524

