



ELIZABETH SETON CENTER Senior Center Newsletter

September 2025



BROOKLINE- MAIN CAMPUS
1900 PIONEER AVE
PITTSBURGH, PA 15226
412.344.4777



OVERBROOK SENIOR CENTER
2199 DARTMORE STREET
PITTSBURGH, PA 15210
412.882.7135

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ELIZABETH SETON CENTER
Is proud to welcome St. Francis Academy & Elizabeth Seton High School Alumnae for

BACK TO SCHOOL Weekend

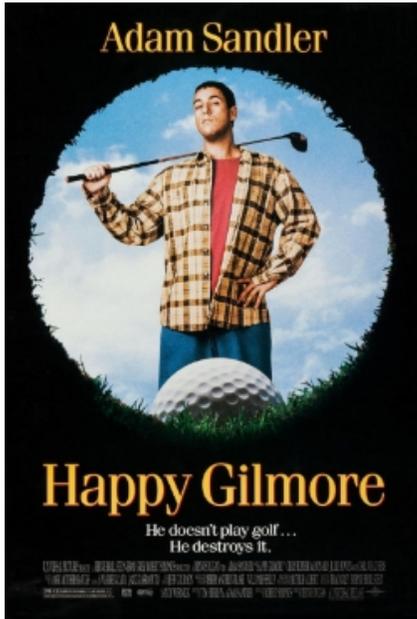
FRIDAY SEPTEMBER 19TH 6:30PM - 8:30PM	SATURDAY SEPTEMBER 20TH 3:00PM - 5:00PM	SUNDAY SEPTEMBER 21ST 12:00 PM
 <i>Open House</i> St. Francis Academy, Site 1401 Hamilton Road	 <i>Open House</i> Elizabeth Seton High School Site 1900 Pioneer Avenue	 <i>Women of Seton Luncheon</i> Crowne Plaza- Pittsburgh South 164 Fort Couch Road

REMINISCE, REUNITE WITH FORMER CLASSMATES, AND SEE HOW THE LEGACY LIVES ON AT YOUR ALMA MATER!
PLEASE RSVP BY SEPTEMBER 15TH
QUESTIONS TO KATE AT (412) 561-8400 EXT. 245

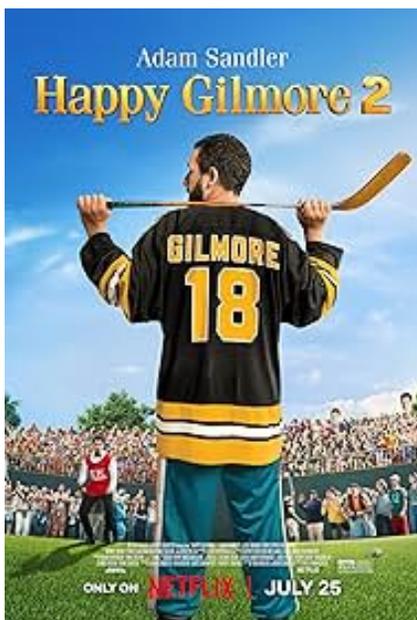
**Reminder: Seton Center is
CLOSED for Labor Day
on Monday, September 1st!**

MOVIE DAY DOUBLE FEATURE!

*Wednesday,
September 3rd
Brookline Center,
12pm*



*Wednesday,
September 10th
Brookline Center,
12pm*



CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

**11 September 2025, 12pm: Crafting w/ Celebration Villas
Brookline Main Campus
Cost: FREE**

**11 September 2025, 12pm: Digital Skills & Crafting with
friends from the Brookline Library!
Overbrook Senior Center
Cost: FREE**

**16 September 2025, 10am: Digital Skills & Crafts with
friends from the Brookline Library!
Brookline Main Campus
Cost: FREE**

**17 September 2025, 12:30pm: Healthy Cooking w/ Chef
Sam
Brookline Main Campus
Cost: \$5**

**18 September 2025, 10am: Crafting with Nancy!
Paint Pouring Technique
Cost: \$10**

**24 September 2025, 12:30pm: Healthy Cooking w/ Chef
Sam
Overbrook Senior Center
Cost: \$5**

**25 September 2025, 12pm: Movie Day at Overbrook-
Nonnas
Overbrook Senior Center
Cost: FREE**





OVERBROOK BINGO

Drop-In Bingo!
Tuesdays @11AM
Lunch break around noon
(\$1.25 Suggested Lunch Donation)

**Special Bingo Days at Overbrook
this Month:**

September 9, 2025- 11 AM
Back to School Bingo Party!
Cost: \$15

Doors will open at 10:30am, and games will begin at 11am. The price includes lunch, a set of bingo cards, and a door prize ticket! Additional bingo cards and raffles are available for purchase!



BROOKLINE BINGO

NO RESERVATIONS REQUIRED!

**Regular Bingos: Mondays &
Fridays, 11AM**
Cost: \$5

Special Bingo Days:

September 1st- NO BINGO on Labor Day

September 5th- Omni Home Care Presentation

**September 8th- FREE Fall Risk & Stroke Risk
Factor Screenings with Neuroaxis Rehab**

**Standard Payouts: **Can increase based
on daily attendance!****

**13 Regular Games - \$5.00 (cash or gift
card)**
2 Specials - \$10.00
**1 Jackpot - \$40.00 + \$25.00 with Magic
Number or Super Magic Number \$50.00**



SUPER BINGO PARTY!

**END OF SUMMER LUAU BINGO PARTY!
FRIDAY, SEPTEMBER 19TH, 2025
DOORS OPEN AT 10AM, BINGO STARTS AT 11AM**



BROOKLINE SENIOR HALL

COST: \$15

(INCLUDES 1ST BINGO PACKET, LUNCH, & 1 DOOR PRIZE TICKET)

Say goodbye to summer in style with a tropical twist! Join us for a **festive afternoon Luau Bingo Party** just for our cherished seniors. We're bringing the island spirit to you—with sunshine, smiles, and a whole lot of B-I-N-G-O!

Our Super Bingo Party gives our players a chance to win **BIG BUCKS!** We will pick 4 magic numbers & 1 super magic number for the coverall (each magic number receives one payout only)

Payouts: 13 Regular Games pay \$10.00 + \$50.00 with Magic Number 2 Specials Pay \$20.00 1

Jackpot Pay \$80.00 + \$50.00 with Magic Number or Super Magic Number \$100.00

RESERVATIONS REQUIRED: Call 412.344.4777

GAME CLUB | Learn-to-Play: Horse Race!

Brookline Main Campus

FREE

**Wednesday, September 3rd @2:00PM (following
Movie Day)**

**& Wednesday, September 17th @2:30PM
(following Cooking w/Chef Sam)**



**Join us for a fun afternoon of friendly
competition! Don't worry if you've never played
before, we'll teach you all you need to know!**

If the weather is nice, we can play on the patio!

Wednesday Night



BINGO!



at Seton Center

Wednesday, September 17th, 2025

Door Prize,
Instant Bingos,
Raffles,
& More!

Elizabeth Seton Center
1900 Pioneer Ave
Pittsburgh, PA 15226

Concessions
Available,
BYOB!

Doors Open at 6PM
Early Bird (winner takes all!)
Regular Games Start at 7PM

\$15 Entry

Includes 10 regular games (6-on) & door prize ticket
Specials & jackpot games sold separately



- All-Nighter (payout based on participation)
- Regular Games pay out \$50ea*
- 2 Specials pay out \$75ea*
- \$200* Jackpot Coverall

Scan Code to Purchase Tickets!

*Payouts may go up or down based on attendance.

**All proceeds support Elizabeth Seton Center.

a 501(c)(3) organization.

Doorprize Bonus!

Donate new or gently used children's books and
receive an extra door prize ticket for each one!



JOIN US FOR A DELICIOUS WAY TO **RAISE MONEY!**

Date: Sep 22, 2025

Time: 4:30PM to 11:00PM

For Dine In, Takeout or Curbside at this BJ's Location:

1819 Washington Rd.
Upper St. Clair, PA 15241
412-347-4790

Enjoy delicious food in a fun atmosphere along with your family
and friends while earning funds in support of:

Seton Center Support Night

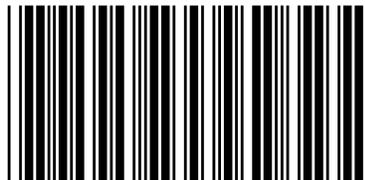
**WITH EACH FLYER PRESENTED DURING THIS FUNDRAISING EVENT, BJ's WILL DONATE
20% OF FOOD AND SOFT BEVERAGE SALES TO THE DESIGNATED ORGANIZATION!**

VISIT US IN PERSON, ORDER ONLINE OR PLACE A TAKE-OUT ORDER

When dining in: Present this flyer to your server at any time during your meal.

When ordering online: Enter the 6-digit fundraiser code below at the time of checkout.

When placing a take-out order: Present this flyer to a BJ's team member upon your arrival.



S E P 1 0 7

Valid for dine in, takeout or curbside when applicable. Not valid toward alcoholic beverages, Happy Hour specials or for delivery orders.
Please do not distribute flyers on site during the event.



GAMES, SPECIAL EVENTS & MORE!



Tai Chi Continues on Mondays!

Due to popular request, we will continue to offer
Tai Chi for Arthritis on Monday afternoons at
2:30PM!

1st Monthly Class: \$5, Returning Classes: \$3*

Save \$2/class when you return in the same month!

Allstar Cardio Drumming at Seton Center!



**Fridays @9am in the
Seton Center Gym**

**Drop-In Rate: \$8 per
class
OR
4-class pass for \$20!**

Join Us for a Free "Wisdom & Wellness" Half-Day Symposium!

Mark your calendars for **Friday, September 5**, from 8AM to 12PM at Christ United Church in Bethel Park. Enjoy a **complimentary breakfast and refreshments**, explore a **resource fair** with local experts, and listen in on **engaging panels and Q&A sessions** covering topics like healthy aging, financial planning, caregiving, and lifestyle enrichment. You'll also have fun with **health screenings, raffle prizes**, and a chance to win the **\$1,000 Grand Prize**—a \$500 Giant Eagle gift card plus \$500 in-home meal prep from Chefs for Seniors Pittsburgh!

This event is **free to attend**, but registration is required. We will be utilizing ACCESS group trips, so everyone must RSVP no later than September 3rd.

FREE EVENT

BREAKFAST INCLUDED

RAFFLE PRIZES

VISIT WITH VENDORS

EXPERT PANEL SPEAKERS

Wisdom & Wellness

Symposiums

Smart Strategies for Aging Well



**RSVP
REQUIRED!**

Brought To You By:
SENIORS BlueBook
RESOURCES FOR AGING WELL



HEALTHY LIVING

Variety &
Therapeutic Chair
Exercise

*** MOVED TO
BROOKLINE ***

Wednesdays at 10:30AM

1st Monthly Class: \$5
Returning Sessions: \$3



**Seton Center's FREE
Fitness Center at
Brookline is open
Monday-Friday from
8am-5pm**

No Reservation Required!



Transportation & Resources

If you need assistance with transportation or other senior resources, please call Deb Schilling at 412.344.4777. We will be happy to help however we can.



Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.

MONTHLY MENTAL FLEX!

Take a chance at this month's puzzle



Turn in your completed puzzle for a chance to win an Eat'N Park Gift Card!

Don't forget to include your name!

Congratulations to last month's winner:

Carol Wagner!

GROUP OUTINGS



Rivers Casino Outing
Thursday, September 18th
Meet at Brookline at 9 am

Cost: \$3 per person
Please prepay to reserve spot



United States

All the words listed are hidden vertically, horizontally or diagonally—in both directions. The letters that remain unused form a sentence from left to right.

O K L A H O M A M O N T A N A
 T H E N L A W I S C O N S I N
 V A M E A A M E C R G O A I C
 I A L K D I B O S G E M R P N
 R R M A R Y L A N D R R I O E
 G B V N S O A I M A O E Z B W
 I E L S R K M N D A Y V O A J
 N R D A E O A I N D I A N A E
 I H D S Y G R S R O I A A V R
 A O E W I O I D C F I R O M S
 A D M H L O E I R S I G A E E
 O E C F N G X V I E S P R U Y
 C I C I I E E U A M E A K H R
 M S L C M H O O A N W T A A N
 A L D W S L A I R A L W N O R
 I A E W H O W A L G A S S B O
 N N K R O Y W E N I I R A N I
 E D N F L O D R I E N A S C E

ALABAMA
 ALASKA
 ARIZONA
 ARKANSAS
 COLORADO
 DELAWARE
 FLORIDA
 GEORGIA
 HAWAII
 ILLINOIS
 INDIANA
 KANSAS
 LOUISIANA
 MAINE
 MARYLAND
 MICHIGAN
 MONTANA
 NEVADA
 NEW JERSEY
 NEW MEXICO
 NEW YORK
 OKLAHOMA
 OREGON
 RHODE ISLAND
 VERMONT
 VIRGINIA
 WISCONSIN
 WYOMING

Your Name: _____

September 2025 Menu

September 1 Smothered Chicken Roasted Potatoes Broccoli w/Ranch Dip Bread w/Margarine Banana Pudding Labor Day Center Closed	September 2 Pub Steak Cheeseburger w/Bun Broccoli w/Ranch Dip Roasted Potato Wedges Fresh Apple	September 3 Hawaiian Chicken Stir Fried Veggies Coconut Brown Rice Tropical Fruit	September 4 Stuffed Pepper Mashed Potatoes Broccoli Bread w/Margarine Pound Cake w/Peaches	September 5 Greek Salad with Salmon French Onion Soup Bread w/Margarine Fresh Orange
September 8 Broccoli Cheese Stuffed Chicken Rosemary Roasted Potatoes Peas & Pearl Onions Bread w/Margarine Fresh Fruit Salad	September 9 Sausage & Peppers w/Hoagie Roll Diced Potatoes Peppers & Onions Jello	September 10 Firehouse Chili Chuckwagon Corn Brown Rice Bread w/Margarine Fresh Pineapple	September 11 Grilled Chicken Salad Tomato Soup Macaroni & Cheese Peach Applesauce	September 12 Vegetable Lasagna Cauliflower & Peas Salad & Dressing Bread Oatmeal Cookie
September 15 Breaded Dill Chicken Sandwich w/Roll Tomato Cucumber Salad Blend: Chickpea, Kale, Edamame, Quinoa Fresh Cantaloupe	September 16 Petite Beef Tenderloin Marsala Mashed Potatoes Carrots Bread w/Margarine Fresh Pear	September 17 Chicken Avocado Salad & Dressing Sweet Pepper & Beef Soup Bread w/Margarine Diced Pineapple	September 18 Lemon Pepper Cod Parmesan Penne Pasta Broccoli Banana Bread w/Margarine Fresh Apple	September 19 Stuffed Cabbage Roll Mashed Potatoes Green Beans Bread w/Margarine Greek Yogurt w/Peaches
September 22 Meatloaf with Gravy Mashed Potatoes Green Beans Bread w/Margarine Jello	September 23 Turkey & Smoked Gouda Sandwich Coleslaw Mediterranean Vegetable Soup Fresh Grapes	September 24 Meat Lasagna Salad w/Dressing Italian Veggie Blend Breadstick Chocolate Chip Cookie	September 25 BBQ Chicken Sauteed Onions Buttered Chuckwagon Corn Bread w/Margarine Strawberry Applesauce	September 26 French Onion Beef Sandwich Italian Baby Baked Potatoes Buttered Carrots Fresh Fruit Cup
September 29 Raspberry BBQ Chicken Roasted Sweet Potatoes Succotash Sandwich Roll Fresh Watermelon	September 30 Swiss Steak Mashed Potatoes Broccoli Bread w/Margarine Chocolate Pudding			

Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all individuals 60 and over. All lunches are to be consumed on-site. Please call Seton Center at 412-344-4777 if you are interested in joining us for lunch. **Two-day advanced notice is much appreciated!**



**RESTAURANT
BREWHOUSE**

Join us for our monthly Dine to Donate Day!

BJ's Brewhouse- South Hills Village:
Monday, September 22nd: 4:30PM-11:00PM

Be sure to show the Seton Center Fundraiser Flyer in this newsletter to help us earn 20% back in donations!

Elizabeth Seton Center, Inc.
1900 Pioneer Ave
Pittsburgh, PA 15226

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