



ELIZABETH SETON CENTER

Senior Center Newsletter

January 2026



BROOKLINE- MAIN CAMPUS
1900 PIONEER AVE
PITTSBURGH, PA 15226
412.344.4777



OVERBROOK SENIOR CENTER
2199 DARTMORE STREET
PITTSBURGH, PA 15210
412.882.7135

DEB SCHILLING
*Director of Senior Services
I&R Specialist*
DEB@SETONCENTERPGH.ORG

SHERRI BROZELL
Brookline Site Coordinator
SHERRI@SETONCENTERPGH.ORG

CHRISTINE KALOGERIS
Overbrook Site Coordinator
CHRISTINE@SETONCENTERPGH.ORG

Happy
New Year
2026

Happy New Year from all of us at Seton Center!

January is a time for fresh starts, renewed energy, and taking care of ourselves—mind, body, and spirit. Whether you're setting new goals, trying something for the first time, or simply looking to stay connected and active this winter, we're here to support you every step of the way. From fitness classes and heart-healthy lunches to games, crafts, new skills classes, and community events, we hope you'll join us in embracing this season of renewal. Let's step into 2026 with kindness, purpose, and care—for ourselves and one another.

"Life itself is a
privilege, but to live
life to the fullest
well, that is a choice."

— Andy Andrews

MOVIE DAY

**Wednesday,
January 14th, 2026
Brookline Center,
12pm**

Disney
**SAVING
MR. BANKS**



Step behind the magic of Mary Poppins with the moving and beautifully told film Saving Mr. Banks. Starring Emma Thompson as author P.L. Travers and Tom Hanks as Walt Disney, this inspiring story follows Disney's determined effort to bring Travers' beloved characters to the big screen. As the two clash over creative vision, long-buried memories from Travers' past reveal the deeply personal story behind Mary Poppins — leading to an emotional journey of understanding, healing, and imagination.

Join us for this touching, reflective film that celebrates storytelling, faith in creativity, and the power of letting go.

CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

**8 January 2026, 12pm: Digital Skills & Crafting with friends from the Brookline Library!
Overbrook Center
Cost: FREE**

**13 January 2026, 12pm: Digital Skills & Crafting with friends from the Brookline Library!
Brookline Center
Cost: FREE**

**15 January 2026, 10am: Crafting with Nancy-Diamond Art Keychain
Overbrook Center
Cost: \$10**

**21 January 2026, 12:30pm: Healthy Cooking w/ Chef Sam
Overbrook Center
Cost: \$5**

**28 January 2026, 12:30 pm: Sourdough Baking 101
Brookline Center
Cost: \$5**

Join Wendy Elwell from Elwell Funny Farm to learn all about sourdough baking! Each participant will receive their own sourdough starter to take home!

Bonus: Farm fresh eggs from Elwell Funny Farm are available for purchase for \$4 per dozen. Orders must be placed in advance and will be delivered on the class date.

NEW! Computer & Phone One-on-One Support Sessions!

We are thrilled to share that Seton Center has a new technology support intern from Duquesne University!



Please call or visit us to inquire about appointment dates & availability!

Coming Soon: Group Computer Classes- Google Suite 101



OVERBROOK BINGO

Drop-In Bingo!
Tuesdays @11AM
Lunch break around noon
(\$1.25 Suggested Lunch Donation)

Special Bingo Days at Overbrook this Month:

January 6th:

**“Unexpected Benefits of Home Health That
You May Already Be Paying For”**
Presented by Steve Illig from Landmark Home
Health

January 20, 2026- 11 AM
Happy Birthday Bingo!

Special Performance by Hey Joe

Cost: \$15



Doors will open at 10:30 am, and games will begin at 11 am. The price includes lunch, a set of bingo cards, and a door prize ticket! Additional bingo cards and raffles are available for purchase!



BROOKLINE BINGO

NO RESERVATIONS REQUIRED!

**Regular Bingos: Mondays &
Fridays, 11AM**
Cost: \$5

Special Lunchtime Presentations:

January 9th:
Performance by Pat Heiserman

January 12th:
Visit from Humana

January 26th:
**Intro to new technology opportunities
at Seton Center!**

**Standard Payouts: **Can increase based
on daily attendance!****

**13 Regular Games - \$5.00 (cash or gift
card)**
2 Specials - \$10.00
**1 Jackpot - \$40.00 + \$25.00 with Magic
Number or Super Magic Number \$50.00**



SUPER BINGO PARTY!

WINTER WONDERLAND SUPER BINGO PARTY!
FRIDAY, JANUARY 30, 2026
DOORS OPEN AT 10AM, BINGO STARTS AT 11AM



BROOKLINE SENIOR HALL

COST: \$15

(INCLUDES 1ST BINGO PACKET, LUNCH, & 1 DOOR PRIZE TICKET)

❄️ Step Into the Fun at Our Winter Wonderland Bingo Party!

Calling all winter lovers and bingo fans! You're invited to our Winter Wonderland Bingo — a cozy afternoon filled with festive games, cheerful company, and heartwarming prizes.

Our Super Bingo Party gives our players a chance to win BIG BUCKS! We will pick 4 magic numbers & 1 super magic number for the coverall (each magic number receives one payout only).

PAYOUTS WILL BE DETERMINED BY ATTENDANCE IN ORDER TO GIVE OUT THE MAXIMUM AMOUNT OF PRIZES!

RESERVATIONS REQUIRED: Call 412.344.4777

Lottery Calendar Tickets for February 2026!

LUCKY IN LOVE LOTTO - FEBRUARY 2026

Donation \$10 • Proceeds Benefit Elizabeth Seton Center

Winning number is the Pick 3 number drawn at 7:00 PM from the PA Daily Lotto.

A check for each prize will be mailed to each winner within 14 days of the winning date.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 \$100	2 \$500	3 \$100	4 \$100	5 \$100	6 \$100	7 \$100
8 \$100	9 \$100	10 \$100	11 \$100	12 \$100	13 \$100	14 \$500
15 \$100	16 \$100	17 \$100	18 \$100	19 \$100	20 \$100	21 \$100
22 \$100	23 \$100	24 \$100	25 \$100	26 \$100	27 \$100	28 \$500

All winners will be determined by the amount of money indicated on each day of the calendar.
 Void after 30 days.
 Not responsible for typographical errors.
 All unsold tickets become property of Elizabeth Seton Center.
 Tickets are available by calling 412-561-8400 x242 or contacting Jamie at jamie@setoncenterpgh.org.
 All tickets and money must be returned to Seton Center by January 30, 2026.

Available at the Senior Center all month!

**Cost: \$10 each
 A New Chance to Win
 Each Day!**

GAMES, SPECIAL EVENTS & MORE!

Allstar Cardio Drumming at Seton Center!



**Fridays @9am in the
Seton Center Gym**

**Drop-In Rate: \$8 per
class
OR
4-class pass for \$20!**

America 250

with the Pittsburgh Ballet Theater Orchestra!

Benedum Theater

Friday, February 20th, 2026

Depart Brookline at 10 am

Cost: \$12 per person*

Please pay in advance to reserve your spot!

Celebrate America's 250th Anniversary with a vibrant mixed repertory program featuring four classical and contemporary works that honor the American spirit. The works include *The Mighty Casey*, Lisa de Ribere's playful take on America's favorite pastime; George Balanchine's patriotic and jubilant *Stars and Stripes Pas de deux*; *Company B*, Paul Taylor's bittersweet ode to America that represents the dualities of our nation's post-Depression excitement and feelings of despair on the eve of WWII, with music by The Andrews Sisters; and Ben Stevenson's romantic *Three Preludes* about two dancers who fall in love, featuring Rachmaninoff's beautiful score.



HEALTHY LIVING

Variety &
Therapeutic Chair
Exercise

***MOVED TO
BROOKLINE***

Wednesdays at 10:30AM

1st Monthly Class: \$5
Returning Sessions: \$3



**Seton Center's FREE
Fitness Center at
Brookline is open
Monday-Friday from
8am-5pm**

No Reservation Required!



Transportation & Resources

If you need assistance with transportation or other senior resources, please call Deb Schilling at 412.344.4777. We will be happy to help however we can.



Volunteers are needed and much appreciated at Seton Center. We have a great volunteer base but could always benefit from a few more. If you're interested in helping us out please call the center.

MONTHLY MENTAL FLEX!

Find the pattern that matches the top view of the image. Circle Your Answer!



Turn in your answer for a chance to win an Eat'N Park Gift Card!

Congratulations to last month's winner:

Bev Festor!

GROUP OUTINGS

Tour of St. Anthony's Chapel + Lunch at Cinderlands Warehouse & Beer Company

Did you know? Pittsburgh is home to the largest collection of Christian relics in the world, outside of the Vatican. Don't miss your chance to take a tour of this unique Historical Landmark! Afterwards, we'll head to lunch at Cinderlands Warehouse.

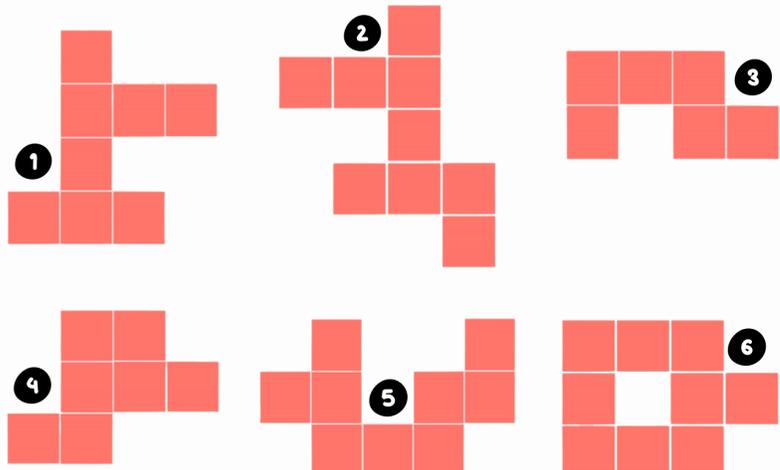
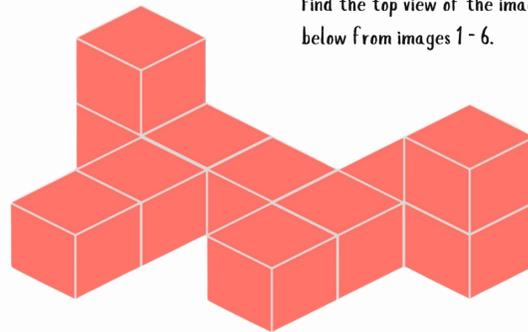


Thursday, January 29, 2026 | Meet at Brookline by 9:45am

Cost: \$7 per person + Pay Your Own Way for Lunch
****MUST PREPAY TO CONFIRM SPOT****

FIND THE TOP VIEW

Find the top view of the image below from images 1 - 6.



SEASONEDTIMES.COM

Your Name:

January 2026 Menu

January 1			January 2	
Korean BBQ B Stir Fried WW Bread w/marg Fresh Orange			Grilled Chicken Parm California Normandy Vegetable Blend Pasta Shells Pound Cake w/Berries	
				
January 5	January 6	January 7	January 8	January 9
Smothered Pork Roasted Sweet Potatoes Brussels Sprouts WW Bread w/marg Banana Pudding	Beef Barbacoa Black Bean & Corn Vegetable Blend Brown Rice Guacamole Fresh Fruit Salad	Crab Cake w/ Cocktail Sauce Tossed Salad Macaroni & Cheese WW Bread w/marg Diced Peaches	Stuffed Pepper Casserole Green Beans Mashed Potatoes WW Bread w/marg Cinnamon Applesauce	Greek Salad w/Salmon Garden Vegetable Soup WW Bread w/marg Fresh Orange
January 12	January 13	January 14	January 15	January 16
Raspberry BBQ Chicken Broccoli & Cauliflower Roasted Sweet Potatoes WW Sandwich Roll Oatmeal Cookie	Sausage & Peppers w/tomato sauce and Hoagie Roll Diced Potatoes Peppers & Onions Jell-O	Chicken Avocado Salad Sweet Pepper & Beef Soup WW Bread w/marg Tropical Fruit	Firehouse Chili Corn Brown Rice WW Bread w/marg Fresh Pineapple	Vegetable Lasagna Carrot Coins Tossed Salad WW Bread w/marg Fresh Cantaloupe
January 19	January 20	January 21	January 22	January 23
Petite Beef Tenderloin Marsala Carrots Mashed Potatoes WW Bread w/marg Fresh Pear	Chicken Ceasar Salad Tomato Soup Croutons WW Bread w/marg Diced Pineapple	Stuffed Cabbage Casserole Mashed Potatoes Green Beans WW Bread w/marg Greek Yogurt w/Peaches	Chicken Parmesan Sandwich Tossed Salad Italian Baby Baked Potatoes Pound Cake w/Berries	Mojo Marinated Cod Filet Caribbean Veggie Blend Cilantro Lime Rice WW Bread w/marg Fresh Orange
January 26	January 27	January 28	January 29	January 30
Turkey & Swiss Croissant Sandwich Coleslaw Mediterranean Vegetable Soup Fresh Grapes	Korean Beef BBQ Stir Fried Vegetables Vegetable Fried Rice WW Bread w/marg Fresh Orange	Broccoli Cheese Stuffed Chicken Peas & Pearl Onions Rosemary Roasted Potatoes WW Bread w/marg Applesauce	Swiss Steak Carrots Mashed Potatoes WW Bread w/marg Chocolate Pudding	Baked Three Cheese Pasta Florentine Italian Normandy Blend Garlic Breadstick Mixed Fruit

Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all individuals 60 and over. All lunches are to be consumed on-site. Please call Seton Center at 412-344-4777 if you are interested in joining us for lunch. **Two-day advanced notice is much appreciated!**

//////////

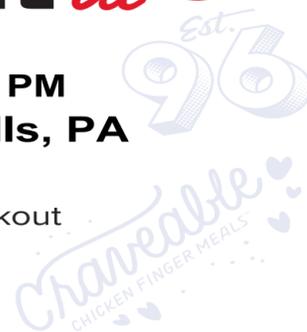
JOIN OUR FUNDRAISER



January 19, 2026 02:00 PM - 08:00 PM
410 Clairton Boulevard, Pleasant Hills, PA

Mention the fundraiser at the Restaurant or apply code **RCFUND96** to online or app orders at checkout and Cane's will donate **15% of Net Sales*** to:

Elizabeth Seton Center



Elizabeth Seton Center, Inc.
1900 Pioneer Ave
Pittsburgh, PA 15226

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG.
US POSTAGE
PAID
PITTSBURGH PA
PERMIT NO 1524

