



# ELIZABETH SETON CENTER Senior Center Newsletter

## May 2026



**BROOKLINE- MAIN CAMPUS**  
1900 PIONEER AVE  
PITTSBURGH, PA 15226  
412.344.4777



**OVERBROOK SENIOR CENTER**  
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May is blooming with excitement at Seton Center, and we have so much to look forward to! Join us for a special **Dinner & Theater experience with the Heritage Players**, featuring a comedic, adults-only twist on *Pride and Prejudice*—it's sure to be a night full of laughter and fun. We're also planning a big **Bingo Trip to Live! Casino in Greensburg on Memorial Day** (open to all adults 21+), along with the launch of **new Zumba classes** to keep you moving all month long.

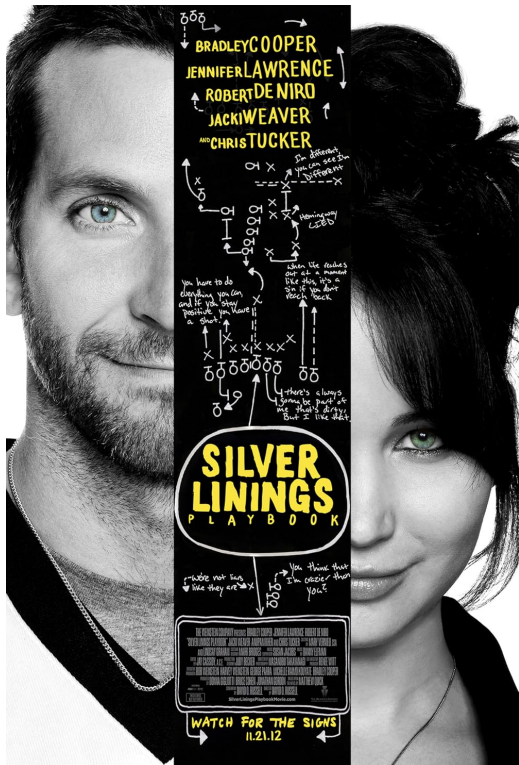
In exciting news, **Cardio Drumming is now FREE for all seniors** thanks to a generous sponsorship from our friends at Comfort Keepers Pittsburgh South—we're so grateful for their support in helping us expand wellness opportunities for our community. Please also note that **Farmers Market Vouchers are online only this year**. If you need assistance accessing or applying, don't hesitate to call or stop by the center—we're always happy to help. It's shaping up to be a fantastic month filled with energy, connection, and plenty of fun!



**Reminder: Seton Center is CLOSED**  
**on Tuesday, May 19th & Monday,**  
**May 25th (except for trip)**

# MOVIE DAY

**Wednesday**  
**May 20th, 2026**  
**Brookline Center,**  
**12pm**  
**FREE!**



Enjoy a heartfelt, offbeat romantic comedy-drama that proves life's challenges can lead to unexpected connections. *Silver Linings Playbook* stars Bradley Cooper as Pat, a man rebuilding his life after a difficult chapter, and Jennifer Lawrence as Tiffany, a mysterious young woman with struggles of her own. Together, they form an unlikely bond that helps them move forward in surprising ways.

With humor, honesty, and a touch of romance, this uplifting film is all about finding hope, healing, and the "silver linings" when you least expect them.

# CRAFTS & CLASSES

FOR RESERVATIONS, CALL 412.344.4777

**13 May 2026, 12:30pm: Healthy Cooking w/ Chef Sam**  
**Brookline Center**  
**Cost: \$5**

**28 May 2026, 12:30pm: Healthy Cooking w/ Chef Sam**  
**Overbrook Center**  
**Cost: \$5**

*Don't forget to bring your own container!*

**Computer Classes are currently on hold.**  
**Please stay tuned, new offerings coming soon!**

**Laptops are still available to be loaned out!**  
**Stop in during regular business hours!**

## Donate for a Memorial Day T-shirt



**For a Fully Customizable T-Shirt!**

### Who Inspires You to Donate Blood?

Give blood May 22-31 to help patients around the Memorial Day holiday and we'll thank you with a customizable "I Give for..." T-shirt, redeemable through Donor Rewards\*. Make your appointment today! Donor Rewards program opt-in required.

PLUS, you'll be entered for a chance to win one of three **\$10,000 gift cards!**

**Make an appointment at [vitalant.org](https://vitalant.org) or call 877-25-VITAL**

Use blood drive code: **100563428**

## ELIZABETH SETON CENTER BLOOD DRIVE Thursday, May 28th

APPOINTMENTS RECOMMENDED

12:30 pm - 4:30 pm

Seton Center Senior Center Conference Room

1900 Pioneer Avenue, Pittsburgh, PA 15226

Scan QR code for list of available times and to schedule appointment for this blood drive. When scheduling through Vitalant website or by phone use blood drive code 100563428.

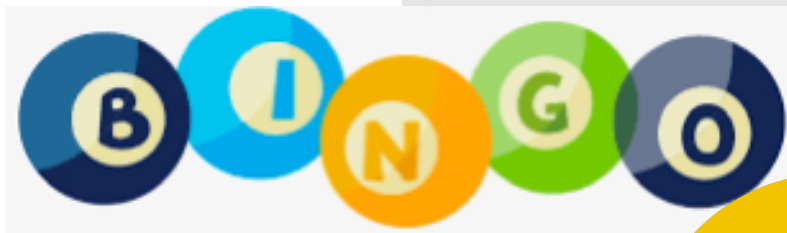
\*Terms and conditions apply; see [vitalant.org/CustomTee](https://vitalant.org/CustomTee).

\*\*Terms and conditions apply; see [vitalant.org/SpringGiveaway](https://vitalant.org/SpringGiveaway).

For more information or to schedule a donation,  
call 877.25.VITAL or visit us at [vitalant.org](https://vitalant.org)  
Find us @vitalant:



**vitalant**



## OVERBROOK BINGO

**Drop-In Bingo!**  
**Tuesdays @11AM**  
**Wednesdays @11AM**  
**Lunch break around noon**  
**(\$1.25 Suggested Lunch Donation)**

**\*NEW\***

**Overbrook Bingos are now**  
**Tuesdays AND Wednesdays!**

**Well Care Bingo**  
**FREE!- Win Household Prizes!**  
**May 21, 2026- 11AM**

**May 12, 2026- 11 AM**  
**Kentucky Derby Bingo!**

**Cost: \$15**  
**Special Presentation by Bankers Life!**

Doors will open at 10:30 am, and games will begin at 11 am. The price includes lunch, a set of bingo cards, and a door prize ticket! Additional bingo cards and raffles are available for purchase.



## BROOKLINE BINGO

**NO RESERVATIONS REQUIRED!**

**Regular Bingos: Mondays &**  
**Fridays, 11AM**  
**Cost: \$5**

**Please Note:**

**The Community Bingo Night for**  
**Wednesday, May 20th, is CANCELLED due**  
**to the Bingo Trip on Memorial Day.**

**Next Community Bingo Night is**  
**Wednesday, June 17th.**

**Standard Payouts: \*\*Can increase based**  
**on daily attendance!\*\***

**13 Regular Games - \$5.00 (cash or gift**  
**card)**  
**2 Specials - \$10.00**  
**1 Jackpot - \$40.00 + \$25.00 with Magic**  
**Number or Super Magic Number \$50.00**



# SUPER BINGO PARTY!

**BLACK & GOLD SUPER BINGO PARTY  
FEATURING A SURPRISE ENTERTAINER!**

**MONDAY, MAY 18, 2026**

**DOORS OPEN AT 10AM, BINGO STARTS AT 11AM**

**\*\*MUST RSVP BY 5/13/2026\*\***

♥♥ Go for the Gold at Our Black & Gold Bingo Party! ♥♥

Calling all Pittsburgh sports fans and bingo lovers! You're invited to our **Black & Gold Bingo Party** — a high-energy afternoon filled with hometown pride, exciting games, and championship-worthy prizes.

Wear your favorite black and gold gear and get ready to cheer, win, and celebrate the spirit of the Steel City! 🏆

**BROOKLINE SENIOR HALL**

**COST: \$15**

(INCLUDES 1ST BINGO PACKET, LUNCH, & 1 DOOR PRIZE TICKET)



Our Super Bingo Party gives our players a chance to win **BIG BUCKS!** We will pick 4 magic numbers & 1 super magic number for the coverall (each magic number receives one payout only).

PAYOUTS WILL BE DETERMINED BY ATTENDANCE IN ORDER TO GIVE OUT THE MAXIMUM AMOUNT OF PRIZES!  
RESERVATIONS REQUIRED: Call 412.344.4777

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## Lunch & Learn: Gardening for Health & Wellness, Aromatherapy, and Healing Plants

Presented by Pittsburgh Botanic Gardens

Tuesday, May 5th at 12pm  
Brookline Center

Join us for this fun & informative session!  
Cost is \$5 per person and includes lunch,  
presentation, and chance to win a raffle prize!



# GAMES, SPECIAL EVENTS & MORE!

## ***\*NEW\* Zumba- Move to the Music!***



***May 12th, 19th, & 26th at  
10:30am  
Brookline Center***

***First Monthly Class: \$5  
Returning Sessions: \$3***

## **New Policy for Trips & Pre-Paid Activities**

For select trips and activities that require pre-payment, the Center secures reservations and incurs costs based on the number of participants. We work hard to keep costs as low as possible by pricing trips and experiences based on maximum capacity, and we subsidize costs through our fundraising efforts. While we understand that plans can change and we always do our best to fill canceled spots, the following policy helps ensure fairness for all:

**Cancellations within 5 business days: 50% of the cost is non-refundable if the spot cannot be filled**

**Cancellations within 48 hours: 75% of the cost is non-refundable if the spot cannot be filled**

**Cancellations within 24 hours or no-shows: 100% of the cost is non-refundable**

All cancellations must be made by phone or by emailing [deb@setoncenterpgh.org](mailto:deb@setoncenterpgh.org). If you do not receive a response by the next business day, please follow up to confirm your message was received.

Thank you for your understanding and for helping us keep these experiences accessible and enjoyable for everyone!



## **HEALTHY LIVING**

**Variety &  
Therapeutic Chair  
Exercise**

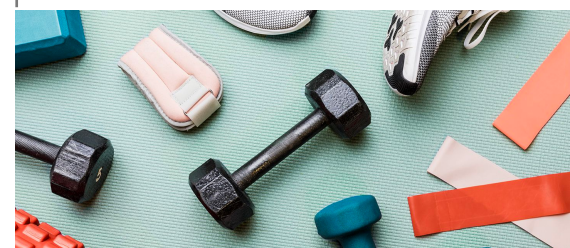
**Wednesdays at 10:30AM  
Brookline Center**

**1st Monthly Class: \$5  
Returning Sessions: \$3**



**Seton Center's FREE  
Fitness Center at  
Brookline is open  
Monday-Friday from  
8am-5pm**

**No Reservation Required!**





Allstar Therapies & Seton Center-Brookline present



# Allstar Drumming

*Allstar Therapies All@Home*



Music!



Exercise!



Dance!



Cardio!



Movement!

Every Thursday \*Starting May 7th, 2026\*

8:30 A.M. - 9:30 A.M.

Seton Center-Brookline

1900 Pioneer Ave, Pittsburgh 15226

This class is sponsored by and FREE  
to attend, thanks to Comfort Keepers!



CHECK OUT  
OUR PAGE ON  
FACEBOOK

Allstar  
Therapies

[www.AllstarTherapies.com](http://www.AllstarTherapies.com)

(724) 327-3553



## Transportation Available from Seton Center!

Meet at Seton Center (Brookline) by 4:15pm for prompt departure at 4:30pm.

Round Trip  
Transportation Cost:  
\$20/person

(Bingo Admission is paid at the Casino)

Transportation includes reserved tables for our group!

There will be time to grab dinner at the casino before bingo begins.

Reserve your spot at the center, or pay online by scanning the code below:



# Charitable Community Bingo **EVERY MONDAY**

Located at **THE VENUE AT LIVE! CASINO**  
5260 State Route 30, Greensburg, PA 15601

Each BINGO, a Non-Profit or Charity Receives the Proceeds!

**MAY 25TH'S RECIPIENT IS**



## ELIZABETH SETON CENTER

Regular Game Pays \$200

Early Bird: Letter C Pays \$500

B&O Pays \$500

Lucky 7 Pays \$777

Double Postage Stamps Pays \$1000

Jackpot Coverall Pays \$2000

## \$45 ADMISSION INCLUDES:

12 on Paper Package For Regular Games

6 on Paper For B&O

6 on Paper For Lucky 7

6 on Paper For Double Postage Stamps

6 on Paper For Jackpot

Mega Money Ball

Free Dauber

Additional 6 on Regular Games \$5

Additional 3 on Specials (ALL) \$5

**NOT INCLUDED: Early Bird, Winner Take All, & Get 7**

Event Operated By **MEGA MONEY BINGO**

# GROUP OUTINGS:

## Seton Center Rosary Club!

Led by Sr. Kathleen Delaney



**Thursdays @10:30am**

Lunch to Follow  
(Please RSVP)

Seton Center Convent  
Chapel (Brookline)

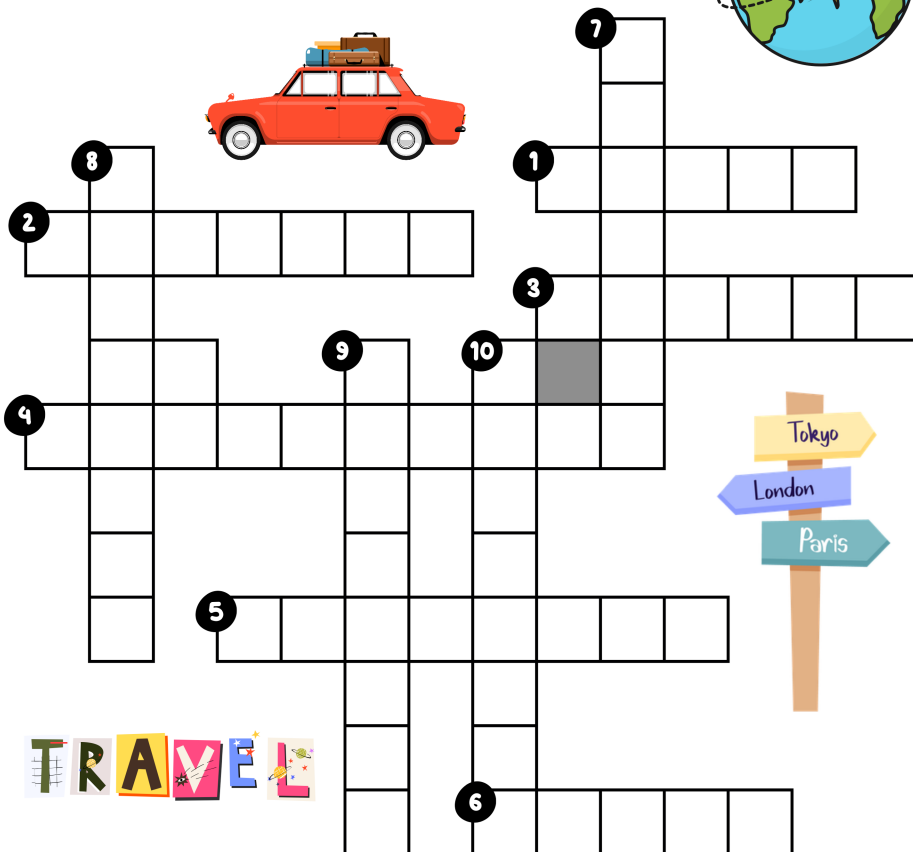
The Heritage Players Present:  
***Pride & Prejudice***  
*Like you've never seen it before!*

**Friday, May 15th, 2026**  
**Seton Center Auditorium**  
**Dinner served at 5:30pm in Senior Hall**  
**Show begins at 7:30pm**

**Cost: \$20**  
*Includes Dinner & Show Ticket!*

## TRAVEL FUN

COMPLETE THE CROSSWORD WITH WORDS RELATED TO TRAVEL.



### ACROSS

- PERSON WHO SHOWS TOURISTS AROUND
- DAY SET ASIDE TO CELEBRATE, RELAX, OR TRAVEL
- PROVES PAID PERMISSION TO ENTER
- WHERE CUSTOMERS DINE
- POPULAR TRAVEL BAG
- TO COACH OR TEACH



### DOWN

- SOMEONE VISITING FOR PLEASURE
- SOMETHING PURCHASED TO REMEMBER A PLACE
- CARRIES PERSONAL POSSESSIONS
- CERTIFIES IDENTITY

## MONTHLY MENTAL FLEX!

Fill in the crossword puzzle



Turn in your answer for a chance to win an Eat'N Park Gift Card!

Congratulations to last month's winner:

**Carol Vogel!**

**Your Name:**

# May 2026 Menu

				May 1
				<b>Deli Plate</b> (Tuna salad & egg salad) Sweet Potato Corn Soup Bread w/margarine Pound Cake w/Berries
May 4	May 5	May 6	May 7	May 8
<b>Meatballs Rosini</b> Cauliflower & Peas Tossed Salad w/Dressing Penne w/Sauce Bread w/margarine Jell-O	<b>California Turkey Burger</b> w/Sandwich Roll Mustard Broccoli w/Ranch Dip Fresh Watermelon	<b>Chicken Carnitas</b> w/Tortilla Cabbage Slaw Mexican Rice Salsa Diced Pears	<b>Honey Mustard Chicken Salad</b> Zucchini Parmesan Soup Bread w/margarine Fresh Apple Slices	<b>Spanish Omelette</b> Diced Potatoes Peppers & Onions Croissant w/margarine Greek Yogurt w/Berries
May 11	May 12	May 13	May 14	May 15
<b>Orange Pineapple Pork Loin</b> Green Beans Baby Baked Potatoes Bread Banana Pudding	<b>Greek Salad w/Salmon</b> Garden Veggie Soup Bread w/margarine Fresh Orange	<b>Crab Cake</b> Tossed Salad w/Ranch Macaroni & Cheese Bread w/margarine Diced Peaches	<b>Stuffed Pepper</b> Carrots Mashed Potatoes Bread w/margarine Cinnamon Applesauce	<b>Beef Barbacoa</b> Black Beans & Corn Vegetable Blend Brown Rice Guacamole Fresh Fruit Salad
May 18	May 19	May 20	May 21	May 22
<b>Raspberry BBQ Chicken</b> w/Sandwich Roll Broccoli & Cauliflower Roasted Sweet Potatoes Oatmeal Cookie	<b>Seton Center Closed</b>	<b>Chicken Avocado Salad</b> French Onion Soup Bread w/margarine Tropical Fruit	<b>Cheesy Beef Macaroni</b> Stewed Tomatoes Green Beans Bread w/margarine Fresh Pineapple	<b>Vegetable Lasagna</b> Carrot Coins Tossed Salad w/Ranch Bread w/margarine Fresh Cantaloupe
May 25	May 26	May 27	May 28	May 29
<b>Seton Center Closed</b> 	<b>Chicken Caesar Salad</b> Tomato Soup Bread w/margarine Diced Pineapple	<b>Stuffed Cabbage</b> Mashed Potatoes Green Beans Bread w/Margarine Greek Yogurt w/Peaches	<b>Chicken Parmesan</b> Tossed Salad w/Ranch Penne w/Sauce Pound Cake w/Berries	<b>Pulled Pork</b> w/BBQ Sauce packet Baked Beans Coleslaw Sandwich Roll Fresh Apple Slices

Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all individuals 60 and over. All lunches are to be consumed on-site. Please call Seton Center at 412-344-4777 if you are interested in joining us for lunch. **Two-day advanced notice is much appreciated!**

**Children & Adults are invited to join us for Tea with the Queen of Hearts!**

**Saturday, May 23, 2026  
 1pm-3pm  
 Seton Center- Brookline  
 Tickets are \$5 per person**

**Enjoy refreshments, meet and hear a special program from the Queen of Hearts, take photos, and more!  
 Don't forget to wear your favorite dress up outfit!**



Elizabeth Seton Center, Inc.  
1900 Pioneer Ave  
Pittsburgh, PA 15226

**ADDRESS SERVICE REQUESTED**

**NON-PROFIT ORG.**  
**US POSTAGE**  
**PAID**  
**PITTSBURGH PA**  
**PERMIT NO 1524**

