



ELIZABETH SETON CENTER Senior Center Newsletter

August 2026



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PITTSBURGH, PA 15226
412.344.4777



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PITTSBURGH, PA 15210
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GOODBYE SUMMER, HELLO FALL!

As August winds down, we want to take a moment to say goodbye to summer and welcome the beauty of fall! It's been a wonderful season filled with sunshine, laughter, and good times together.

Savor these last sunny days:

- Take a walk outside and enjoy the warm breeze while it lasts.
- Volunteer for carnival week with games, prizes, and festive fun.
- Share your favorite summer memories with friends at the center.
- Soak up the sunshine during morning coffee on the patio.

Looking ahead to autumn:

- Watch for our September newsletter for new activities and classes.
- Cozy indoor activities like movie days, Bingo, and guest speakers.
- Fall trips and seasonal outings are in the works.

Thank you for making this summer so special. We can't wait to enjoy the changing leaves and crisp autumn air with all of you. See you at the center!



MOVIE DAY

**Wednesday,
August 26th 2026**

**Brookline Center
12pm
FREE!**



Sebastian brings his old-school Italian father, Salvo, to spend a weekend with his fiancée's wealthy family. Their clashing personalities and cultures lead to a chaotic but heartfelt family comedy.

CRAFTS & CLASSES

**University of Pittsburgh- Brain Health Workshop
Monday, August 10th @ 12pm
Seton Center Brookline
Cost: Free**

**Healthy Cooking W/ Chef Sam
Wednesday, August 12th @ 12:30pm
Seton Center Brookline
Cost: \$5**

**Healthy Cooking W/ Chef Liz
Wednesday, August 19th @ 12:30pm
Seton Center Brookline
Cost \$5**

An advertisement for the 'Wisdom & Wellness Symposium'. The main image shows a woman with short white hair and glasses, wearing a bright yellow cable-knit sweater, pointing her right index finger upwards. The background is dark. Text on the left includes 'YOU'RE INVITED!' in yellow, 'Wisdom & Wellness Symposiums' in white and yellow script, 'A FREE COMMUNITY EVENT' in a yellow banner, and 'REGISTRATION IS OPEN!' in blue. At the bottom left, it says 'Free Breakfast Provided!' next to a coffee cup icon, and 'NO SALES PITCHES. NO PRESSURE. JUST REAL ANSWERS.' in white. Two small inset photos on the right show people at a symposium table.

**Join us at the
Wisdom & Wellness Symposium!**

**Tuesday, August 25th
8:30am-12:30pm
at Christ Church (Bethel Park)**



OVERBROOK BINGO

Drop-In Bingo!

Tuesdays @ 11am

Wednesdays @ 11am

Lunch break around noon

(\$1.25 Suggested Lunch Donation)

**Overbrook Bingos are now
Tuesdays AND Wednesdays!**

Healthy Aging Presentations:

August 11th Emerald Home Health

**August 18th Musical Guest
Tom Allen**

**August 25th, 2026 @ 11am
Back-to-School Bingo
Cost: \$15**



Musical Guest: Pat Heiserman

Doors will open at 10:30am, and games will begin at 11am. The price includes lunch, a set of bingo cards, and a door prize ticket! Additional bingo cards and raffles are available for purchase.



BROOKLINE BINGO

NO RESERVATIONS REQUIRED!

**Regular Bingos: Mondays &
Fridays, 11am
Cost: \$5**

**August 10th: University of Pittsburgh -
Brain Health Workshop
Learn about Concussions and CTE In
Athletes & Seniors**

**Wednesday Night Bingo is BACK!
August 19th, 2026
Brookline Senior Center
\$15 entry fee
Doors open at 6pm Bingo at 7pm**

Raffle | Concessions | Instant Tickets | & More!

**Standard Payouts: **Can increase based
on daily attendance!****

**13 Regular Games - \$5.00 (cash or gift
card)**

2 Specials - \$10.00

**1 Jackpot - \$40.00 + \$25.00 with Magic
Number or Super Magic Number \$50.00**



SUPER BINGO PARTY!



DOG DAYS OF SUMMER SUPER BINGO FRIDAY, AUGUST 21ST, 2026

DOORS OPEN AT 10AM, BINGO STARTS AT 11AM
MUST RSVP BY 7/20/2026

SUNSHINE, LUCKY CARDS, BIG WINS!

BROOKLINE SENIOR HALL

COST:\$15

(INCLUDES 1ST BINGO PACKET, LUNCH, & 1 DOOR PRIZE TICKET)

Our Super Bingo Party gives our players a chance to win BIG BUCKS! We will pick 4 magic numbers & 1 super magic number for the coverall (each magic number receives one payout only).

PAYOUTS WILL BE DETERMINED BY ATTENDANCE IN ORDER TO GIVE OUT THE MAXIMUM AMOUNT OF PRIZES!
RESERVATIONS REQUIRED: Call 412.344.4777



**Marianna's Hoagie Sale-
Happening Now!
\$11 each**

Order forms available at the center, or
online by scanning the code below.

Orders Due: Friday, August 14th
Delivery Date: Wednesday, August 26th



*Proceeds benefit Elizabeth Seton Center,
a nonprofit 501 (c)(3) organization*

GAMES, SPECIAL EVENTS
& MORE!

***NEW* Zumba- Move to the Music!**



**Every Tuesday in
August!
10:30am
Brookline Center**

**First Monthly Class: \$5
Returning Sessions: \$3**



HEALTHY LIVING

Variety &
Therapeutic Chair
Exercise

Wednesdays at 10:30am
Brookline Center

1st Monthly Class: \$5
Returning Sessions: \$3



**Seton Center's FREE
Fitness Center at
Brookline is open
Monday-Friday from
8am-5pm**

No Reservation Required!



FREE Cardio Drumming is BACK!



Allstar Therapies & Seton Center-Brookline present



**Allstar
Drumming**
Allstar Therapies All@Home



Every Thursday *Starting May 7th, 2026*
8:30 A.M. - 9:30 A.M.
Seton Center-Brookline
1900 Pioneer Ave, Pittsburgh 15226
This class is sponsored by and FREE
to attend, thanks to Comfort Keepers!



CHECK OUT
OUR PAGE ON
FACEBOOK

**Allstar
Therapies**

www.AllstarTherapies.com
(724) 327-3553

The Heritage Players Present:
The Hobbit



See the show with us!

**Friday, August 14th
Pizza Dinner @ 6:00pm
Show @ 7:30pm**

Seton Center- Brookline

**Cost: \$15 per person
*Must sign up by 8/13***

MONTHLY MENTAL FLEX!

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**Turn in your answer for a chance
to win an Eat'N Park Gift Card!**

**Congratulations to last month's
winner:**

Ed Bihler!

Your Name:

GROUP OUTINGS:

Visit to St. Anthony's Chapel

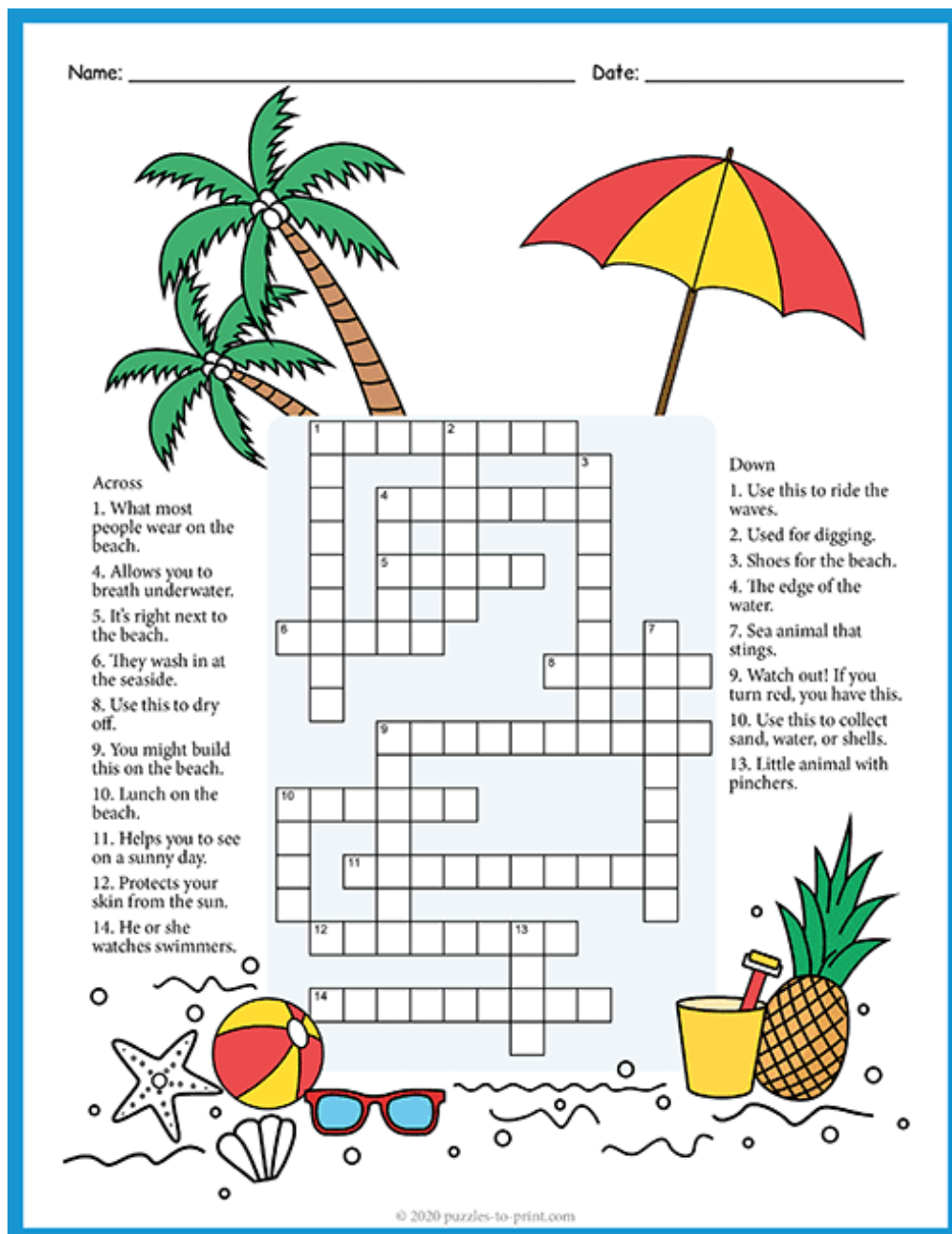
Tuesday, August 18th

Depart Seton at 9am

Cost: \$5 donation

Lunch at De Fer Coffee and Tea

Pay your on Way



AUGUST 2026 MENU

August 3	August 4	August 5	August 6	August 7
Sweet and Sour Chicken Asian Vegetable Blend Buttered Brown Rice Clementine Sugar Cookie	Swiss Steak w/Tomato Gravy Mashed Potatoes Peas Dinner Roll w/Margarine Jello	Italian Chicken Capri Vegetable Blend Buttered Penne Fresh Orange Fig Newton	Breaded Pollock w/cheese Sandwich Roll Tartar Sauce Lemon Pepper Potatoes Diced Peaches	BBQ Chicken Salad Salad Greens Cheddar Cheese Dressing Whole Grain Roll Fresh Melon
August 10	August 11	August 12	August 13	August 14
Meatloaf w/Gravy Mashed Potatoes Corn Dinner Roll w/ Margarine Oatmeal Cookies	Stuffed Chicken Breast Diced Potatoes w/Garden Seasoning Peas & Pearl Onions Dinner Roll w/Margarine Fresh Clementine	Cheeseburger Sandwich Roll Cole Slaw Baked Beans Mixed Fruit	Baked Ham Sweet Potatoes Buttered Mixed Vegetables Dinner Roll w/Margarine Cantaloupe Vanilla Pudding	Fajita Chicken (w/peppers/onions/salsa) Chuckwagon Corn Buttered Brown Rice Mandarin Orange
August 17	August 18	August 19	August 20	August 21
Chicken w/Creamy Mushroom Gravy Peas & Pearl Onions Mashed Potatoes Dinner Roll Applesauce	Pasta w/Meat Sauce Side Salad w/Dressing Dinner Roll w/Margarine Fresh Orange	California Turkey Burger w/Swiss & Avocado on Sandwich Roll Broccoli & Ranch Dip Zucchini and Parm Soup Fresh Apple	Stuffed Pepper Mashed Potatoes Buttered Carrot Coins Dinner Roll w/Margarine Vanilla Greek Yogurt	Turkey & Gouda Sandwich Cucumber Slices Whole Wheat Bread Mixed Fruit Cookie Honey Mustard
August 24	August 25	August 26	August 27	August 28
Lemon Butter Chicken Rosemary Roasted Potatoes California Blend Dinner Roll w/Margarine Jello	BBQ Pork Riblet w/Sandwich Roll Sweet Potatoes Baked Beans Fresh Cantaloupe	French Onion Beef Patty w/gravy Mashed Potatoes Peas & Carrots Dinner Roll w/Margarine Chocolate Pudding	Chicken Tenders Sweet Potatoes Green Beans Dinner Roll w/Margarine Fresh Orange BBQ Sauce	Baked Ziti & Cheese Side Salad Buttered Italian Vegetable Blend Dinner Roll Diced Pears
August 31				
Sweet and Sour Chicken Asian Vegetable Blend Buttered Brown Rice Clementine Sugar Cookie				

Lunches are served at Seton Center Monday through Friday from 11:30 AM to 1:00 PM and at Overbrook Tuesday through Thursday 11:30 AM to 1:00 PM to all individuals 60 and over. All lunches are to be consumed on-site. Please call Seton Center at 412-344-4777 if you are interested in joining us for lunch. **Two-day advanced notice is much appreciated!**



Save the Date



Seton Center's 5th Annual
Designer Purse Bingo & Brunch
 Saturday, November 21, 2026
 Library Fire Hall

Elizabeth Seton Center, Inc.
1900 Pioneer Ave
Pittsburgh, PA 15226
ADDRESS SERVICE REQUESTED

NON-PROFIT ORG.
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PITTSBURGH PA
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